

CRAVEN U3A WALKING GROUP --AUTUMN PROGRAMME-- SEPTEMBER - DECEMBER 2026

TUESDAY

THURSDAY

Sep 2 See email: Little Langdale walk for those staying overnight in Ambleside. Contact: Nick Jarvis (u3anick@gmail.com) for details.									
Sep 1	Short	Moderate	K Gregory/S Desgranges		Sep 3	Long	Strenuous	W Carr	
Coniston to Tarn Hows				7.5 miles 08:30 [10:30]	Buckden Pike				11 miles 08:15 [09:00]
Map OL6 SD305977 LA21 8AL {tailed.emeralds.bids} Park at Coniston Sports and Leisure Centre * Far End * Tarn Hows Cottage * Tarn Hows * Rose Castle Plantation * Monk Coniston Garden * Water Head Pier * Coniston					Map OL30 SD943774 {scoots.suspends.deodorant} Buckden YDNP car park (£) * Starbotton * Buckden Pike * Cow Close Gill * Cray * Scar House * Hubberholme * Buckden				
					An interesting valley and moorland circuit mostly on good tracks, with some rough moorland and a steep ascent and descent.				
Sep 6 – 10 Glaramara Hotel Trip									
Sep 8	Medium	Moderate	W & M Hall		Sep 10	Short	Moderate	R Waller/S Coombes	
Crummackdale Low Circular				9 miles 09:00 [09:30]	Hetton & Winterburn				7 miles 09:10 [09:30]
Map OL2 SD 769683 {reputable.names.napkins} Austwick * Clapham * Norber Erratics * Wharfe * Feizor (Possible tea stop at Elaines) * Austwick					Map OL2 SD961588 {correct.cROUTONS.songbird} Angel Inn Hetton * Skeld Gate * Friars Head * Winterburn * Way Gill * Moor Lane * Hetton				
Sep 15	Long	Strenuous	M Valiant/S Crowley		Sep 17	Medium	Moderate	R Bundy	
Simon Fell & Ingleborough				10 miles 08:30 [09:30]	Meanwood Valley Trail				8.5 miles 07:30 [10:00]
Map OL2 SD763791 {resources.nurtures.ample} Ribbleshead (meet opposite Station Inn) * Colt Park * Bent Hill Rigg * Long Churn Cave * Simon Fell Cairn * Green Hill * Ingleborough * Souther Scales Fell * Park Fell * Ribbleshead					Map Exp289 SE298333, LS1 4DY {season.author.mercy} Meet at Leeds City Station (opposite Wetherspoons on northern concourse at City Square exit) * Woodhouse Moor * Woodhouse Ridge * Meanwood Park * Scotland Wood * Headingley Golf Course * Golden Acre Park (with cafe)				
1500 feet of ascent. Short but very steep ascent onto Simon Fell. Most of the route uses open access rights and is partly within the Ingleborough National Nature Reserve.					A linear walk said to be one of the UK's best urban walks with a surprisingly rural atmosphere. Mostly easy walking on smooth paths but short, stony & uneven through woods.				
					Travel options: 08:45 train from Skipton OR drive to Golden Acre Park, LS16 8BQ, arriving in time to catch the X84 bus at 08:56 to Leeds City Bus station then 10ish minute walk to the railway station. Suggested departure from Skipton 07:30.				
Sep 22	Short	Moderate	G & A Reay		Sep 24	Long	Strenuous	M Woronowski/ K Jowett	
Hebden Bridge/Hardcastle Crag				6 miles 08:30 [09:15]	Whernside from Dent				12.5 miles 08:30 [09:45]
Map OL21 SD988291 {intention.faded.partners} Park in the National Trust car park Midgehole. (Free to members or £5 a day) (HX7 7AA) * Hebden Dale * Gibson Mill * Hardcastle Crag * Walshaw * Nook (Lumb Hole Waterfall) * Midgehole					Map OL2 SD704871 {scorched.impose.down} Public car park in Dent * Dales Way * Dales High Way * Boot of the Wold * Whernside * High Moss * Foul Moss * Ralph's Moss * Green Lane * Dent				
A pleasant walk through the deep wooded horseshoe formed by the twin valleys of Hebden Dale and Crimson Dean					2200ft of ascent. The track to Ralph's Moss is usually muddy whatever the weather.				
Sep 29	Long	Easy/Moderate	T Baines/K Jowett		Oct 1	Short	Moderate	L Morrison	
3TT: Malhamdale & Pennine Way				11.6 miles 09:00 [09:30]	Middleton Circular				7.8 miles 09:30 [10:00]
Map OL2 SD902591 {magnets.clearcut.presenter}. Park on Hellifield Road, Airton * Kirk Syke Farm * Bell Busk * Mark House Lane * Harrows Laithe * Pennine Way * Eshton Moor * Newfield Bridge * Airton * Hanlith * Pennine Way * Mires Barn * Malham Centre * Aire Head * Scalegill Mill * Hanlith Bridge * Pennine Way * Airton					Map Exp297 SE 123494 {thank.fired.blacken} Middleton * Hunger Hill * Fairy Dell * Denton Moor * Denton * Middleton				
The final stage of the Three Toms Trail Walk, walking the Pennine Way through Malhamdale, including a stop in Malham where the Pennine Way was officially opened by Tom Stephenson on 24th April 1965. Great views along Malhamdale and a lovely riverside walk.					1175ft of ascent. Park on road at top of Curly Hill.				

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Treasurer:
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Oct 6 Long Strenuous H Tudhope/H Shaw Sharp & Rough Haw 12 miles 09:00 [09:00] Map OL2 SD987517 {plums.basket.freed} Coach Street Car Park * Dales Way * Sharp Haw * Rough Haw * Flasby * Gargrave * Airdale Way * Skipton	Oct 8 Medium Moderate V Jackson/J Perry West Marton 8 miles 09.30 [09.50] Map OL2 SD894504 {brightens.combines.rinsed} West Marton Village Car Park * Ingthorpe Grange * Bank Newton * Pot Haw Farm * Stainton * Gledstone Hall * West Marton <i>Rolling walk over Drumlins with some panoramic views</i>
Oct 13 Short Moderate G & A Reay Five Bridges Studley Royal 6 miles 08:30 [09:30] Map Exp298 SE274687 {shadowing.classic.taker} Fountain's Abbey Car Park (HG4 3DY) * Obelisk * The Lake * Five Bridges Walk * Hum Hill * Whitcliffe Hall * Hell Wath Cottage * Rose Bridge * Studley Roger * Obelisk <i>A pleasant walk through an area full of Red Deer</i>	Oct 15 Long Strenuous S & C Hopper Pen-Y-Ghent & Plover Hill 10 miles 08:30 [9:30] Map OL2 SD807725 {couriers.responded.suckle} Horton-in-Ribblesdale YDNP carpark * Brackenbottom * Dub Cote * A Pennine Journey * Pennine Way * Pen-Y-Ghent * Plover Hill * Foxup Moor * Hull Pot * Horton carpark
Oct 20 Long Strenuous P Lawler Arncliffe & Old Cote Moor 13 miles 08:30 [09:15] Map OL2 SD932718 {actors.apples.sparkles} Arncliffe village * Litton * Halton Gill * Horse Head Moor * Old Cote Moor top * Old Cote low moor * Arncliffe <i>1600 ft (480 metres) ascent. May be boggy in places. Great Dales scenery, assuming clear tops.</i>	Oct 22 Short Moderate C Bloor/S Desgranges Kettlewell – Starbotton 6.5 miles 09:30 [10:00] Map OL2 SD967722 {apprehend.skim.enigma} YDNP Carpark (£) Cargill Road * Top Mere Road * Starbotton Cam Road * Starbotton * Dales Way * Kettlewell <i>Steep climb out of Kettlewell.</i>
Note: There are two walks offered for October 22nd	Oct 22 Long Moderate F Robertson Hawes Mosaic Walk 11 miles 08:30 [09:45] Map OL30 SD875898 {amphibian.gold.mock} Dales Countryside Museum Car Park Hawes (£) * Burtsett * Gayle * Aysgill Force * Appersett * Hardraw * Sedbusk * Hawes <i>20 mosaics to spot on the way. Rescheduled from August 13.</i>
	Oct 29 Medium Moderate R Bundy Ilton Moor & Leighton Reservoir 9 miles 08:40 [10:00] Map Exp298 SE177786, HG4 4JZ {rafters.skin.stag} Swinton Bivouac car park * Ilton * High Langwith Cross * Arnagill Moor * Roundhill Dam * Leighton * Druid's Temple * Swinton Bivouac <i>A good walk through varied countryside including a gentle climb up to 1170 ft / 356 m at Sandy Hill but does include some walking on quiet roads. Optional visit to the Druid's Temple right at the end adds about ½ mile.</i>
Nov 3 Medium Moderate K Jowett/L Orton Barden Bridge & The Strid 8.5 miles 08:45 [09:15] Map OL2 SE052574 {lush.shams.witty} Park at Barden Bridge or roadside by Barden Tower. Meet at Barden Bridge * The Strid * Cavendish Pavilion * Howsber * Little Hare Head * Middle Hare Head * Strid Wood Cafe * Barden Bridge <i>A moorland and riverside woodland walk. Ascent 890ft (265 metres)</i>	Nov 5 Long Moderate G & A Reay Harewood House 10 miles 08:00 [09:00] Map Exp297 SE322453 {siesta.ivory.dent} Meet in the Car Park for the Harewood Arms (LS17 9LH) This is in the middle of the Harewood village on your left, turn in front of the telephone box, before traffic lights and the Harwood Park gates. Please park on the end of the car park behind the barn. We will be going into the Harewood Arms for drinks and desserts at the end of the walk. * Through Harewood Estate * Ebor Way * Home Farm * Carr House * Biggin Farm * Fairfield Farm * Ebor Way * Harewood <i>A gentle walk through Capability Brown's landscape. Watch for red kites and red deer.</i>
Nov 10 Medium Moderate M Woronowski/A Todd 4 Ways: Addingham to Ilkley 9.75 miles 09:15 [09:35] Map 297 SE 079497 {fight.owns.operating} Addingham Memorial Hall * Dales High Way * Millennium Way * Ebor Way * Dales Way * Addingham	Nov 12 Medium Strenuous M Valiant/S Crowley Farleton Fell & Hutton Roof 10 miles 08:30 [09:30] Map OL7 SD532807 {response.husky.splits} Park roadside over Duke's canal bridge off A6070 * Farleton Fell * Newbiggin Crags * Hutton Roof Crags * Dalton Crags * Dalton * Pickles Wood * Holmepark Fell * Duke's Bridge <i>1600ft of ascent. Mostly open access on limestone paths.</i>
Nov 17 Medium Moderate E Brown/N Morrison Skipton - Farnhill (Jubilee Tower) 7.5 miles 09:30 [09:30]	Nov 19 Medium Moderate C Northridge Barrowford Heritage & Pendleside 7 miles 09:30 [10:00]

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Map OL2/21 SD991517 {forgot.carriage.reseller} Start Skipton Town Hall Car Park (opposite M+S Foods) * Skipton Moor trig point * Moorgate * Smoulden Farm * Delph Farm * Jubilee Tower * Farnhill * Return by bus from Cononley lane end Bus 66 <i>Anyone wishing to extend the walk can walk back to Skipton via the canal bank overall distance 10.5 miles approx</i>	Map OL21 SD 879379 {rank.stable.emulated} Pendle Heritage Centre car park * Pasture Lane * Thorneyholme Farm * Barley * Under Pendle * Windy Harbour Farm * Hollin Top * Water Meetings * Pendle Heritage Centre <i>Great views of Pendle Hill and Blacko Tower</i>
Nov 24 Medium Strenuous G & L Mackley Kettlewell to Arncliffe 7.75 miles 09:15 [09:45] Map OL30 SD962722 {edit.fruitcake.vegans} Kettlewell YDNP car park (£) * Old Cote Moor * Arncliffe* Hawkswick* Kettlewell <i>1600ft (480 metres) of height gain</i>	Nov 26 Medium Moderate H Shaw/H Tudhope Linear Walk:Addingham to Skipton 10 miles 09:45 [10:00] Map OL21 SE071499 {reflector.backed.bonfires} Meet opposite The Craven Heifer, junction of Silsden Rd and Addingham Main Street * Parson's Lane * Walton Hole * Beck House * Moorgate * Standard Crag * Snaygill Farm * Leeds & Liverpool Canal * Skipton <i>Catch 09:40 Bus Skipton Bus Station – Moor Park Way Addingham 09:56</i>
<i>Nov 27 Walking Group Meeting to plan Spring 2027 – To be confirmed</i>	
Dec 1 Medium Strenuous G & L Mackley Litton to Pen-Y-Ghent House 7 miles 09:15 [10:00] Map OL30 SD906741 {compliant.bets.spoon} Roadside parking Litton * Spittle Croft * New Bridge * Dawson Close * Pen-y-Ghent House * Nether Hesleden * Litton <i>950 feet (290 metres) of ascent</i>	Dec 3 Short Moderate/Stren. T Baines/K Jowett Burnsall, Thorpe Fell & Ranelands 7.5 miles 09:00 [09:30] Map OL2. SE032611 {toxic.prefect.triangle}. Park in Burnsall. Meet up on the green * Bunkers Hill * Air Scar Crag * Cloven Crag * Thorpe Fell * Thorpe * Suspension Bridge * Ranelands Farm * South View * Skull Road * Burnsall <i>A 1000ft of ascent to the top of Thorpe Fell. Great views from the top. A great winter walk.</i>
Dec 8 Long Strenuous P Lawler Parson's Pulpit/Proctor High Mark 10 miles 08:30 [09:15] Map OL2 SD894658 {myth.redouble.facing} Malham Tarn Watersinks Car Park * Great Close Hill * Middle House * Dew Bottoms * Parsons Pulpit * Proctor High Mark * Mastiles Lane * Street Gate * Malham Tarn <i>1500 feet (450 metres) of ascent, some off piste. Good views on less frequented areas.</i>	Dec 10 Medium Easy J Hirst/D Killock Hunter Bark & Scaleber Force 8 miles 09:30 [10:00] Map OL2 SD833582 {hammocks.cube.gateway} Meet at Long Preston War Memorial, Back Green * Green Gate Lane * Hunter Bark trig point * Scaleber Force * Langber Lane * Bookhill Beck * Scalehaw Lane * Long Preston
Dec 15 Medium Moderate G & L Mackley Carleton Mince Pie Walk 8 miles 09:15 [09:30] Map OL21 SD973497 {averages.cleanest.parent} Swan Pub Carleton * Carleton Park * Peat Gill Head * Cononley * River Aire * Carleton <i>Enjoy a cup of mulled wine and a mince pie as well as or instead of your cup of coffee</i>	Dec 17 Long Moderate F Burnett Settle Circular 10.5 miles 08:45 [09:15] Map OL2 SD820633 {mentioned.developer.glare} Greenfoot Car Park Settle * Lodge Farm * Attermire Scar * Stainforth * Stackhouse * Langcliffe * Settle <i>Moderate ascents could be slippery if wet!! Tracks, fields, & stiles. Various establishments at the end for Christmas cake etc. Remember your Santa Hat 🎅!</i>
Dec 22 Medium Medium A Allott Helwith Bridge Circular 8.5 miles 08:30 [09:15] Map OL2 SD810694 {apes.gliders.stew} Helwith Bridge car park * Long Lane * Bracken Bottom * Horton-in-Ribblesdale * Ribble Way * Helwith Bridge	Dec 24 Short Christmas Eve

Dec 25 Christmas Day – Dec 26 Boxing Day

A great low-level winter's walk through upper Malhamdale, leading to a close-up encounter with Malham Cove. A gentle riverside walk on the return and a nice tea shop at the end.

New Year's Eve

These locations are embedded into the Walking Group Programme as web links. If you click on the link in a walk description it will take you to the **what3words** website or app and show the 3 x 3 metre square (10 x 10 feet in old money!) highlighted on a map. In rural areas it maybe necessary to zoom out to see enough topological features to identify the location. At the bottom right of the map is a round icon which allows the user to toggle between map and satellite image. The satellite image is often more useful as it makes features such as car parks immediately identifiable.

Using the link is preferable to typing the **what3words** into the app as a one letter typo could take you to a completely different place! E.g. **smiled.tape.stung** is in Yorkshire, but **smiled.tapes.stung** is in Northumberland and **smiled.tape.sung** is in Wales!