CRAVEN U3A PROGRAMME 2025-2026

Welcome to our new Craven u3a Programme. Craven u3a provides opportunities for people who are retired or semi-retired in Skipton, and the surrounding area. We have over **eighty** different group activities for our members to enjoy

The Programme details can be found on our website, and via the Beacon database

https://cravenu3a.org

OPEN EVENT

TUESDAY AUGUST 12TH

11 am to 1pm

SKIPTON TOWN HALL

Come and chat to our Group Leaders and find out what Craven u3a has on offer for your enjoyment over the next twelve months

(PLEASE NOTE THE TIME FOR THE OPEN EVENT HAS BEEN CHANGED FROM PREVIOUS YEARS)

MEMBERSHIP

Members fee £20 for the year

Group Leaders fee £15 for the year

Associate £15 for the year

Membership can be renewed from July 1st 2025

Members can join online, information on how to renew membership will be provided. There will be also be support sessions for anyone needing assistance to join or renew their membership at the following events and times.

Summer Programme- Thursday and Friday, July $24^{th}/25^{th}$ in the morning. **10.30am to 1pm** Ermysteds School Hall

Saturday morning Monthly Meeting, August 9th **10 am to 12pm**, Champions Church

Open Event, August 12th **10am to 4pm** in Skipton Town Hall, Hub

GROUP ENROLMENT

Group enrolment for members, will be live on Wednesday August 13th

Craven Stationary on Coach St, will print off copies of the Craven u3a programme, for members, at a small cost

Craven u3a Programme 2026 - 2026

Ad Hoc Walking Group Mike Valiant mike_valiant@hotmail.com 07974630253

Irregular Varied Various

All year 1/9/2025 to 31/8/2026 Surcharge £0.00

There is no programme; walks are proposed by group members at short notice taking advantage of good weather. Any group member can propose a walk anytime, anywhere, any length. The proposer can set the maximum group size. Groups are usually small (historical maximum: 18, average: 6). On joining the group, you will be sent the latest guidelines.

Repeat course Out and about

Adventure into Classical Music Chris Skidmore chrisskidmore47@gmail.com 01756790056

Weekly Thursday 14:00 - 16:00 Max No. 30

Spring 15/1/2026 to 19/3/2026 Surcharge £10.00

Do you enjoy listening to classical music but wish you knew more of it and more about it? This group aims to cater for you - we shall listen to all sorts of music - often starting from something familiar and then exploring pieces that relate to it, always accompanied by some explanation or story which sheds new light or asks an intriguing question. There will also be a strand of discovery in each meeting - in this presentation we shall be looking at the music produced by women through the ages.

Repeat course Performing Arts

Aerobic Fitness Training John Dixon cawderghyll@gmail.com 07817395782

Weekly Wednesday 14:00 - 15:00 Max No. 30

Autumn 8/10/2025 to 10/12/2025 Spring 7/1/2026 to 11/3/2026 Surcharge £5.00

The course is aimed at improving overall body fitness levels. Activities include some upper body strength training, as well as the generally accepted aerobic workouts, resistance training, incorporating light weights and use of gym equipment. Numbers are limited so Members should be prepared to do press-ups squats lunges and be able to sustain some high intensity aerobic exercise (HIIT). Suitable clothing essential. Please bring water and check with your doctor that HIIT is OK for you, as heart rates will be elevated.

Repeat course Indoor Fun, Games and Fitness

Allotment Helena Tudhope helenatudhope@hotmail.co.uk 07423052258

Weekly Sunday 09:30 - 12:00 Max No. 20

All year Surcharge £5.00

Joint working on three plots at Broughton road allotments. No experience needed just enthusiasm. The group meets together on Sunday mornings but it is expected that members will work at other times in the week in the busy season and be part of the watering rotation when necessary.

Repeat course Out and about

Art (various media) and Anne MacDonald anne.f.macdonald@btinternet.com 07512704219

Calligraphy

Weekly Thursday 10:00 - 12:00 Max No. 35

Autumn 9/10/2025 to 11/12/2025 Spring 8/1/2026 to 12/3/2026 Surcharge £5.00

Come and enjoy spending time sharing your artistic skills and learn from each other using different media, watercolours, pastels, pencils, charcoal and acrylics. Beginners are welcome for Calligraphy and guidance will be given by experienced Calligraphers. Practising beautiful handwriting is mindful and relaxing. Come and join our friendly group

Repeat course Creative Arts & Crafts

 Art 1840-1900
 Jacqui Eames
 eamesjackie@gmail.com
 0

 1756720149

Fortnightly Tuesday 14:00 - 16:00 Max No. 50

Spring 13/1/2026 to 17/3/2026 Surcharge £5.00

A fortnightly course alternating with Victorian Novels. You can join both or just one of the two!We will look at primarily Impressionist and Post Impressionist artists, virtually visiting galleries and discussing specific artists and the their contribution to this very fertile period of Art History.

New course Creative Arts & Crafts

Art and Architecture Ian Adams iansydneyadams@gmail.com 01756700902

Weekly Wednesday 10:00 - 12:00 Max No. 20

Autumn 8/10/2025 to 17/12/2025 Surcharge £5.00

This is a follow-on course to the History of Art, but it is not necessary to have done that first. This course looks at European art, architecture and design outside in the 19th century France. The second part of the course looks at western art, architecture and design more generally in the 20th century. The course includes an architectural tour around Leeds

Repeat course Creative Arts & Crafts

Art Forum face to face Ginny Wilkinson anneginny@gmail.com 07954408275

Fortnightly Tuesday 10:30 - 12:00 Max No. 9

Autumn 7/10/2025 to 16/12/2025 13/1/2026 to 24/3/2025 Surcharge £0.00

From October we give up our screens and meet in each other's homes. We will share all things Art in a variety of ways - individual members sharing favourite artists, paintings, sculptures or artistic movements interspersed with Mix and Match sessions when we each choose one picture around one theme. We might continue looking at various aspects of one artist in depth or we might have a picture Quiz.

Repeat course Creative Arts & Crafts

Badminton Jon Tomlinson jontom1960@protonmail.com 07412036738

Weekly Thursday 12:00 - 13:00 Max No. 24

All year 4/9/2025 to 27/8/2026 Surcharge £0.00

Played on marked courts in the main hall at Sandylands, Skipton. Clothing as for indoor sports with non-marking shoes. A reasonable level of fitness is required. Game details: we usually play doubles but also singles depending on numbers. 2 games played to 11 points with 2 points clear. Players rotate between courts.Rackets and shuttlecocks provided.Fees - £4 on a "pay per play" basis. Payable by bank transfer to the Group LeaderSurcharge - Nil

Repeat course Indoor Fun, Games and Fitness

Birdwatching Jacqui Eames eamesjackie@gmail.com 01756720149

Weekly <u>Monday</u> 10:00 - 12:00 Max No. 90

Autumn 6/10/2025 to 15/12/2025 Spring 12/1/2026 to 23/3/2026 Surcharge £5.00

Group has indoor meetings at Bolton Abbey Village Hall, mostly with presentations from speakers with accompanying pictures. Expert members contribute and external experts and photographers. These are from 10-12 Outdoor meetings are mostly at RSPB reserves so a good idea to join. You'll also need binoculars and group members are generous in sharing their spotting skills and telescopes! Nearby trips are by car share (passengers contribute 10p a mile for petrol and we leave Skipton at 8.30 as a rule) but we also run several coach trips further afield which are great days out albeit more expensive. We start and end the Autumn programme with a welcome meeting and Xmas quiz and food so meetings don't always alternate indoor/ outdoor. New members are welcome to this long established and popular group.

Repeat course Out and about

Book Group - Non-fiction

Linda Hoole

lindahoole@yahoo.co.uk

0 7773407628

Monthly Wednesday 18:00 - 19:00 Max No. 10

All year

to 5/8/2026 1/10/2025

Spring

Surcharge £0.00

The only requirement for this group is to have read the book! Meeting on the first Wednesday of the month, members will choose books in advance from a list provided by Skipton Library which will be emailed before the first meeting. Everyone is responsible for collecting from and returning their book to the library by the due date. There is no requirement to be a member of the library. Ideally, everyone should be happy to be a member of a WhatsApp group which will be used for reminders and recommendations about books and authors - no pictures of pets, holidays or grandchildren!

New course People and Places

Book Group -Fiction

Linda Hoole

lindahoole@yahoo.co.uk

07773407628

Monthly Monday 18:00 - 19:00 Max No.

10

Autumn 1/9/2025 to 1/12/2025

to 10/12/2025

to 18/12/2025

Spring

5/1/2026

to 6/7/2026

Surcharge £0.00

Meetings take place on the first Monday of the month, with alternative arrangements if this is a bank holiday. This is an informal group where the only requirement is to have read the book! Members choose from a list of books provided by Skipton Library which will be emailed in advance of the first monthly meeting Members will need to collect a copy of the book from the library and are responsible for returning it by the due date. Ideally, all members should be comfortable with being in a WhatsApp group which will be used for reminders and recommendations of other books and authors- no pictures of pets or grandchildren!

New course

Autumn

People and Places

Bridge for Beginners

1/10/2025

16/10/2025

David Lowe

davide.lowe@hotmail.co.uk

07854410892

Weekly

Wednesday 14:00 - 16:00 Max No.

Surcharge £0.00

Bridge is a fascinating game of cards which will help you to develop memory, concentration and strategy. This course assumes no prior knowledge, as the first 2 sessions are devoted to the basics of card play. followed by 8 sessions covering varous aspects of bidding and card play. The objective is to reach a standard of play which would enable you to join the u3a Bridge play group which meets on a Thursday afternoon. Total cost is £5 for handouts/homework sheets and tea/biscuits. I will be recommending a website for extra practice but have some resources for people without internet. It will take place at my home in Addingham (24 Coppy Road, LS29 0TA). It is easy to park near the house, and is a 5 minute walk from a bus stop from Skipton and Keighlev/Silsden.

New course

Indoor Fun, Games and Fitness

Bridge for Improvers

Douglas Goode cdgoode49@outlook.com

8/1/2026

07398117527

Weekly

Thursday

10:00 - 11:45 Max No. to 26/3/2026

10 Surcharge £0.00

This is for those who have played bridge for at least a year and want to improve their bidding and play; preference will be given to those who have recently started to play bridge (rather than those who have played for many years). After a revision of 'Benji Acol' bidding you will play set hands which illustrate points of bidding and play. In the spring of 2026 we will look at some advanced responses and 0ther conventions.

New course

Autumn

Indoor Fun. Games and Fitness

Spring

Bridge Play

David Lowe

davide.lowe@hotmail.co.uk 14:00 - 16:00

07854410892

Weekly

Max No.

40

Autumn 2/10/2025 to 11/12/2025 15/1/2026 to 26/3/2026 **Spring** Surcharge £5.00 This is a friendly group who enjoy playing duplicate bridge in a relaxed setting. It is intended for people who

Thursday

have played a bit of bridge before, but inexperienced players are most welcome. There is a host system, so individuals without a partner will always get a game and players are allowed to refer to their bidding system

during play. There is a tea/biscuit break half-way through for which there is a 50p charge. £1 a year is charged for materials, and there is a £5 a term charge to cover room hire.

Repeat course Indoor Fun, Games and Fitness

Craven u3a Orchestra Sue Stidworthy suestid@gmail.com 07305089541

Weekly Wednesday 14:00 - 16:00 Max No. 60

Autumn 24/9/2025 to 3/12/2025 Spring 14/1/2026 to 25/3/2026 Surcharge £5.00

The orchestra welcomes instrumental players of all abilities. We have varying levels of skill but all share an enthusiasm for making music together. We have a wide repertoire ranging from Handel's Water Music to Morricone's film music. The rehearsals are always an enjoyable and rewarding way of spending an afternoon.

Repeat course Performing Arts

Croquet Graham Read greadyme@gmail.com 07771855238

Weekly Wednesday 13:30 - 15:30 Max No. 32

Spring 6/5/2026 to 16/9/2026 Surcharge £0.00

The group provides friendly, social competition playing 'golf Croquet' from the beginning of May to the end of September (weather permitting). The rules are very straightforward. It is suitable for all members. All equipments is provided. Flat soled shoes should be worn. There will be a weekly charge of £2.50, in addition to the £10 venue fee per term

Repeat course Indoor Fun, Games and Fitness

Crown Green Bowls Group 1 Keith Waddington keithwaddington@btinternet.com 01756794125

Weekly Friday 11:30 - 14:00 Max No. 24

Summer 1/5/2026 to 11/9/2026 Surcharge £10.00

Instruction and guidance on how to play crown green bowls.

Repeat course Out and about

Crown Green Bowls Group 2 Shirley desgrangesshirley@gmail.com 01756793106

Desgranges

Weekly Friday 14:00 - 16:30 Max No. 24

Summer 1/5/2026 to 11/9/2026 Surcharge £10.00

Instruction and guidance on how to play crown green bowls.

Repeat course Out and about

Culture Vultures Wendy Brown wendywoo.22@hotmail.co.uk 07956058916

Irregular Varied Various Max No. 80

All year 1/9/2025 to 31/8/2026 Surcharge £0.00

If you're into the arts but your friends and/or family aren't, the Culture Vulture group could be for you! Via our WhatsApp group, we arrange to meet up with other members to attend theatre, cinema, music and other arts events, both in Skipton and further afield. Where appropriate, we arrange to travel together and have been known to meet up before or after events for a drink or two!

Repeat course Out and about

Days out with a Bus Pass Anne MacDonald anne.f.macdonald@btinternet.com 07512704219

Irregular Varied Various Max No.

Surcharge £0.00

The Bus Pass group uses Whatsapp to organise trips out to various interesting locations. Enjoy a day out with friends without the hassle of having to drive and park, the group runs throughout the year on different weekdays

Repeat course Out and about

Drumming Circle

Charles Green

greenfcharles@gmail.com

⁰7970295274

Weekly

Thursday

14:00 - 16:00 Max No.

to 27/11/2025

Autumn 9/10/2025 Surcharge £5.00

Would you like to bang a drum? Then join this group. No experience necessary. Drum circles have grown in popularity in recent years as a means of enjoyment and improving people's wellness. The circle will involve playing a mixture of simple rhythms on hand drums and other percussion from African to Latin. It will be led by an experienced drummer who will help you to play. Some drums will be provided but if you have your own that would be good too. Course will initially be limited to 12 people due to instrument availability. If you play drums and would like to assist that would be good too. The course will be weekly from Thursday afternoon the Oct 9th 2025 to Thursday Nov 27th between 2.30 to 4 pm at the Skipton Community Sports Hub.

New course

Performing Arts

E-biking

Autumn

Linda Hoole

lindahoole@yahoo.co.uk

07773407628

30

Irregular Varied Spring

09:45 - 10:45 1/3/2026

to 31/8/2025

Max No.

Surcharge £0.00

We are a relaxed, friendly and supportive group of cyclists of varying experience and fitness. We arrange outings on ad hoc basis via a WhatsApp group, riding more frequently in the better weather! Term dates are a guide only; some hardy souls might like to venture out in the winter. Our routes tend to start from Skipton or Gargrave, and are usually between 20 and 30 miles in length, with a stop at a tea-room. All members are welcome to propose and plan routes. Some members can transport several bikes if necessary.

Repeat course

Out and about

Films on Thursdays

Jean Crampton jcrampton50@aol.com

Weekly Thursday 13:30 - 16:00 Max No.

Autumn

9/10/2025

1/9/2025

to 11/12/2025

to 30/11/2025

15/1/2026

to 19/3/2026

Surcharge £5.00

90

The film group meets every Thursday from October to March, Champions Church is a comfortable venue close to the town centre. We show films from a variety of genres, foreign and English. They all have English subtitles. We welcome new members. Like the Tuesday film group, we are happy to see members who just want to come occasionally. If you cannot come every week, it is a good idea to enrol anyway so that you are on the mailing list. We break for refreshments halfway through the film. We find the films stimulate plenty of conversation. Details of the programme will be available at the Open Event in August. There is a venue surcharge of £5 per 10 week session and a weekly charge of £1, which covers refreshments and the purchase of DVDs.

Repeat course

World Languages and Cinema

Films on Tuesday international

7/10/2025

Vee Eastham

vee.eastham@gmail.com

07966507110

Weekly

to 9/12/2025

Tuesday

13:30 - 16:00 Max No. 13/1/2026 to 17/3/2026

Surcharge £5.00

70

15

Spring Films from around the world as well as the UK. ALL films shown will have subtitles regardless of the language of the film.

Repeat course

World Languages and Cinema

Floral Art

Autumn

Jesca de Rijk

Jescaderijk@gmail.com

07813003635

2nd & 4th Thursday

14:00 - 16:00 Max No.

week

Autumn 11/9/2025 to 4/12/2025 8/1/2025 to 9/7/2026 Surcharge £10.00

This group is aimed at people who enjoy flowers and creative thinking. With a different theme each session, and including development of technical skills, it provides an opportunity to interpret titles in individual ways. There is no right or wrong, just your own take on flowers, foliage and mechanics. A supportive and friendly group shares ideas, materials and conversation. We finish with discussion of our ideas and the pleasure of admiring each other's arrangements and learning from each other

Repeat course Creative Arts & Crafts

French Advanced Kevin Franks kevinfranks@outlook.com 07841028371

Weekly Tuesday 16.00-18.00 Max No. 16

Autumn 7/10/2025 to 9/12/2025 Spring 6/1/2026 to 10/3/2026 Surcharge £15.00

An opportunity to practice and improve your french in a convivial atmosphere. A reasonably good grounding in french is advised as contemporary articles and videos will be used. Vas-y donc!

Repeat course World Languages and Cinema

French Conversation Jennifer Hanson jennrowlands@gmx.com 07897657618

Weekly Friday 10:00 start Max No. 25

Autumn 10/10/2025 to 19/12/2025 Spring 9/1/2026 to 20/3/2026 Surcharge £10.00

An informal course for those already able to speak some French who want to improve their ability and confidence in the spoken word. Members have frequent opportunities to talk in small groups and may also present topics to the class. Modern texts and articles are studied to practice reading, revise grammar and stimulate discussion.

Repeat course World Languages and Cinema

Gardening Anne MacDonald anne.f.macdonald@btinternet.com 07512704219

Irregular Varied Various Max No.

All year Surcharge £0.00

If you enjoy gardens and gardening, this is the group for you. You do not even have to have a garden. We share plants and gardening tips. We visit formal gardens and spend time is each others gardens. It is a lovely way to spend a couple of hours in the spring and summer, in a garden, chatting with our gardening friends over a coffee. We can communicate with each other via Whatsapp and emailWe get together a couple of times a year to plan the following gardening year

Repeat course Out and about

Geography Forum James Enever u3ajames@gmail.com 07503164939

Weekly Wednesday 10:00 - 12:00 Max No. 75

Autumn 1/10/2025 to 10/12/2025 Spring 7/1/2026 to 18/3/2026 Surcharge £5.00

Talks by mainly by members of Forum on Geography, History, People and Places

Repeat course People and Places

Geology Walks

Diane Killock/Mark
Wademan/Richard

Collinson

Fortnightly Monday 10:00 start Max No. 18

Autumn 6/10/2025 to 15/12/2025 Spring 5/1/2026 to 16/3/2026 Surcharge £0.00

Please come along and join us on our fortnightly morning walks, mostly following geology trails of up to 4 miles with a focus on the fascinating geology of Yorkshire. The walks are offered and led by Group members but please note we are not experts, just keen to share our knowledge and learn from each other. Walk details will be circulated the week before and will include date, time, meeting place, walk length and geology

features. Repeat course

Out and about

German Sheila Clark sheilaclark744@btinternet.com 0₁₇₅₆₇₀₀₃₇₀

Weekly Tuesday 10:00 - 12:00 Max No. 15

Autumn 14/10/2025 to 16/12/2025 Spring 13/1/2026 to 17/3/2026 Surcharge £10.00

If you have a knowledge of German, and wish to improve your spoken German fluency and read a variety of newspaper/ magazine articles from German speaking countries, this group is ideal for you

Repeat course World Languages and Cinema

History Happens Jane Houlton jane.houlton@btopenworld.com

Fortnightly Wednesday 14:00 - 16:00 Max No. 60

Autumn 1/10/2025 to 3/12/2025 Spring 14/1/2026 to 11/3/2026 Surcharge £5.00

A new course, with a variety of speakers, this is a series of lively talks, fortnightly, specifically designed for our members who enjoy talks on historical topics that cover unfamiliar ground . . . that take them to unexplored realms . . . that open up new vistas. On a broad range of topics - ancient to modern. From social and cultural history to people, events and politics - such as the course of the year 1816, travel by stage and mail coach, and what you would find in cabinets of curiosities. Plenty to entertain and stimulate.

New course People and Places

History of Art Ian Adams iansydneyadams@gmail.com 01756700902

Weekly Tuesday 10:00 - 12:00 Max No. 20

Autumn 7/10/2025 to 16/12/2025 Spring 6/1/2026 to 17/3/2025 Surcharge £10.00 A broad overview of the history of western art and architecture from Ancient Greece to the end of the 19th century.

Repeat course Creative Arts & Crafts

Illuminating Medieval Manuscripts Maureen Street

Weekly Thursday 10:00 - 12:00 Max No. 40

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Spring 8/1/2025 to 26/3/2026 Surcharge £5.00

Beginning with 'From Sheep to Shelf', on the crafts involved in the making of these marvellous books, we follow with their artistic history from the time of the Lindisfarne Gospels and the Book of Kells through the Middle Ages and the Renaissance to the invention of printing, and thereafter.

New course Creative Arts & Crafts

Indoor Games Alan Newall newallaandj@gmail.com 01756799185

Weekly <u>Monday</u> 14:00 - 16:00 Max No. 50

Autumn 6/10/2025 to 8/12/2025 Spring 12/1/2026 to 17/3/2025 Surcharge £5.00

The Indoor games Group provides an opportunity for members to meet socially, during the dreek winter months, and to enjoy some FRIENDLY competition. The group meet weekly at The Three Links Club, where a wide range of games are available, including darts, dominoes, scrabble, draughts/chess, pool and various card and board games. Members are very welcome to bring in their own games to try out. We play purely for FUN - no prizes or trophies. Refreshments are available during the afternoon from the Club Bar.

Repeat course Indoor Fun, Games and Fitness

Italian BeginnersSylva Vorstmansylvamvorstman@fastmail.fm01282867481WeeklyWednesday14:00 - 16:00Max No.25

Autumn 1/10/2025 to 10/12/2025 Spring 7/1/2026 to 18/3/2026 Surcharge £10.00

The class this year (Autumn 2025) will be for complete beginners although places will be reserved for those who persisted through last year and wish to re-enrol. They will help, as revision, with the beginners' classes, but otherwise will be working separately as a group. Beginners is for complete beginners - we do very little grammar in the first year, but through repetition and role-play, by the end of the year you will have acquired a basic 'get by' knowledge of the language to help you on a holiday in Italy. Anyone who is not a complete beginner may wish to join the smaller group who have a basic fluency. They will be revising the very basics, learning some areas of vocabulary, and covering a basic grammar: singulars, plurals gender, definite and indefinite articles, adjectives and how they change to 'agree' with the nouns they describe, and the very basics of how verbs work in Italian: a present, a past, and a future tense - the formation and usage thereof.

World Languages and Cinema

Italian contin Sylva Vorstman sylvamvorstman@fastmail.fm 01282867481

Weekly Monday 14:00 - 16:00 Max No. 23

Autumn 29/9/2025 to 8/12/2025 Spring 5/1/2026 to 16/3/2026 Surcharge £10.00

For students with a reasonable level of fluency. We spend time chatting in Italian. We do listening and comprehension exercises that can be prepared at home. We cover a wide range of topics, focused on Italy and also some advanced grammar or translation

Repeat course World Languages and Cinema

Japan: A history in five talksNigel Holdennigelholden789@gmail.com07756902584

Fortnightly Wednesday 14:00 - 16:00 Max No. 60

Autumn 8/10/2025 to 10/12/2025

Surcharge £5.00

This highly compressed history of Japan begins with the ancient gods and cherry blossom and ends with a journey on the bullet train past Mount Fuji. The dominant theme is Japan's clash and fusion with the Western world since the mid-16th century. The talks will entail considerable cross-referencing between different periods of Japanese history. Hence, this is NOT a course for dipping in and out of. Priority of place will therefore be granted to those members who to the best of their knowledge can commit themselves to attending all five talks.

Repeat course People and Places

Literary Lives David Turner & davidgturner6@gmail.com 07423062621

Judith Barras

Fortnightly Monday 14:00 - 16:00 Max No. 65

Autumn 29/9/2025 to 15/12/2025 Spring 12/1/2026 to 16/3/2026 Surcharge £5.00

Illustrated talks on the lives of literary figures by Judith Barras, David Turner and guest presenters, covering writers from the 18th, 19th and 20th centuries.

Repeat course People and Places

Mah Jong Andrew Todd andrew.todd@tiscali.co.uk

Weekly Thursday 14:00 - 16:00 Max No. 21

Autumn 9/10/2025 to 11/12/2025 Spring 8/1/2026 to 12/3/2026 Surcharge £10.00

Mah Jong is an old Chinese game based on three suites, winds and dragons. It stretches the mind, is competitive and satisfying, but needs concentration!!Weekly Autumn Spring 09/10/2025 to 11/12/2025 08/01/2026 to 12/03/2026Surcharge £10

Repeat course Indoor Fun, Games and Fitness

Motorcycle Group Harry Taylor harrytaylor1950@hotmail.com 07522343181

Irregular Max No. 25

Other 2/3/2026 to 30/10/2026 Surcharge £0.00

The motorcycle group restarted in March 2025 for motorcyclists who enjoy a ride out and a chat. All are welcome. There are scheduled rides from March to October, usually on a Monday or Friday, a couple of times a month. There are also impromptu rides outside the formal programme, around the year, depending on the weather. These rides are posted on a Whatsapp message on07522 343181The group will run in 2026, from March to October, as described aboveThe rides start from Morrisons in Skipton at 10 amPlease contact Harry Taylor on harrytaylor1950@hotmail.com/f you want to join our Whatsapp group Out and about Repeat course

Music for fun

Mrs Lesley Widdoplellyelli1953@gmail.com

07986446707

Weekly Tuesday 10:30 - 12:15 Max No. 45

Autumn 7/10/2025 to 16/12/2025

Spring

6/1/2026

to 17/3/2026 Surcharge £5.00

This course is purely for the enjoyment of singing and\or playing music. We are not a choir and no perceived ability to do either is required. If you only sing in the shower that's fine. ! Everyone welcome. We don't provide music but words and chords are projected onto the wall. We sing and accompany a very wide variety of songs old and new, including folk and sea shanties classic pop American song book jazz etc. We would like it to be a proactive group where members feel relaxed enough to request songs and \or lead them if they wish and make suggestions. Otherwise the course leaders will choose around a dozen songs each. We have a coffee break when members are encouraged to socialise. All instrumentalist welcome Repeat course **Performing Arts**

Music theory, creativity and

Chris Brown

chirswbrown1000@outloolk.com

07568386850

improvisation

Fortnightly Monday

14:00 - 16:00 Max No. 12

Autumn 29/9/2025

to 15/12/2025

Spring 5/1/2026 to 30/3/2026

Surcharge £10.00

This is a theoretical and practical creative music course supported by piano. We will explore how to develop your music ideas, come up with creative musical phrases and fit them into a musical framework - the start of improvisation and song composition. You will prepare your own musical ideas, (on your instrument or sing them out loud), and then transfer these ideas to piano, explore, harmonize and then develop them into improvisation and possibly a song melody. This course is aimed at musical instrument players with some experience/competency of chords, scales and arpeggios. Any instrument will be fine. In preparation for the above, we will also work on;-well known pop and jazz songs-playing from memory/by ear without music.-a mix of musical theory with practical demonstration-harmony and chord progressions. Two terms starting 16/09/2024 to 09/12/2024 13/01/2025 to 28/04/2025(Please note, Sept 29th and Dec 22nd will start later at 4.30pm for 2 hours)Surcharge total £10 for two terms

Repeat course

Performing Arts

to 8/12/2025

to 31/12/2025

Musical Theatre: A History

6/10/2025

1/1/2025

Judith Barras

judith.barras@gmail.com

07881401947

50

Fortnightly Monday Spring

14:00 - 16:00

5/1/2026

to 9/3/2025

Max No.

Surcharge £5.00

From its early beginnings to the 2020s, this course will take us through the development of musical theatre, looking at shows, composers, stars, choreographers, directors. It will make extensive use of video clips from performances of well loved shows and perhaps also introduce you some less well know but equally significant and enjoyable productions. I would hope to be able to include some audience requests if they are not already in the programme, so if you enjoy musicals this is the course for you.

New course

Autumn

Performing Arts

Nature Rambles

Maurice White

mauricewhite01@tiscali.co.uk

07931560022

Irregular Varied

Decided by

100 Max No.

walk leader

Surcharge £0.00

All year Occasional short walks (no more than a mile) to observe and identify plants and invertebrates along the way. Locations will be selected for their potential variety and will be in the broadly local area. Group members

bring and share their knowledge and interest and we all learn from each other. There is also a WhatsApp group where members can share their photographs, observations, questions and comments from other locations and keep interest going between rambles.

Repeat course Out and about

Opera DVDs Constance Wood dawcon73@icloud.com 07925234558

Weekly Friday 09:30 - 12:00 Max No. 8

Autumn 3/10/2025 Surcharge £0.00

Madam Butterfly (Puccini), Carmen (Bizet). The Marriage of Figaro (Mozart), Eugene Onegin (Tchaikovsky), Akhenaten (Philip Glass), Beggar's Opera (John Gay). The end date for this course is flexible. We hav lots of DVDs so can continue until Nov and in Spring if enough interest is shown.

New course Performing Arts

Padel Tennis Anne MacDonald anne.f.macdonald@btinternet.com 07512704219

Weekly Wednesday 13:00 - 14:00 Max No. 30

Autumn 3/9/2025 to 5/11/2025 Summer 15/4/2026 to 17/6/2026 Surcharge £15.00

Come play Padel Tennis on indoor courts. All equipment is provided. There will be a coach at the first session to explain the rules etcThere are two courts, players can have a rota, taking turns to play. There is a club house to socialise in whilst waiting to play

New course Indoor Fun, Games and Fitness

Photo group Anne MacDonald anne.f.macdonald@btinternet.com

Monthly Varied Various Max No. 20

All year Surcharge £0.00

If you are keen on photography, either using your camera or phone, this group will enable you to share your skills with others and maybe learn some new tips on how to improve your photographs. It will be a Whatsapp group where members will meet up at a specific location to take photographs, share your photos on line and discuss the results. There is no leader of the group as the aim is for group members to communicate with each other to decide what they want from the group

New course Out and about

Pickleball Anne MacDonald anne.f.macdonald@btinternet.com 07512704219

Weekly Wednesday 12:00 - 13:00 Max No. 30

Spring 15/4/2026 to 17/6/2026 Surcharge £5.00

Come and try Pickleball . It will be on an outside tennis court(weather dependent) You will need to purchase a Pickleball racket as they are not provided. The rackets can be purchased at a reasonable price! You can enjoy getting some exercise in the summer, make new friends and socialise in the Tennis Club room whilst waiting your turn to play

New course Indoor Fun, Games and Fitness

Poetry Group Liz Morrison elizam2207@gmail .com

Fortnightly Friday 10:00 - 12:00 Max No. 10

Autumn 10/10/2025 to 5/12/2025 Spring 1/9/2026 to 20/3/2026 Surcharge £0.00

An informal exploration of our favourite poems. We will read them, listen to them, and talk about them, all over coffee. Based around a BBC anthology, which will be provided (£2.50). No prior poetry knowledge required.

New course Performing Arts

Politics Discussion Group

Dick Newson

dicknewson@aol.com

Weekly Thursday 13:00 - 15:00 Max No. 32

to 26/3/2026 to 4/12/2025 Spring 15/1/2026 Autumn 25/9/2025 Surcharge £10.00

The Politics Discussion Group meets weekly to discuss current political events. We also consider the background to political decisions, and the processes of government (in the UK and elsewhere). Group members will bring to bear their wide-ranging experience(s), reading and viewing to try to get a better understanding of what's going on and where it might lead. Occasionally, a member of the group may offer a more formal input to inform and focus our discussions. The group is not intended to be a forum for political knockabout from entrenched positions, (although members will clearly have, and express, their own views), but rather an educational experience from which we emerge having learned something new or questioning our previous assumptions.

Repeat course

People and Places

Popular Music David Wiseman davidwiseman1@sky.com 01756797443

> Weekly Tuesday 14:00 - 16:00 Max No. 45

to 9/12/2025 to 24/3/2026 Surcharge £5.00 Autumn 7/10/2025 **Spring** 13/1/2026

Nostalgia is our choice of music. The sessions include delightful refreshments, good company and enjoyable music. We listen to various composers, approx 25 songs each week, remembering songs our parents and ourselves have enjoyed over the years

Repeat course **Performing Arts**

Pottery Collective Susie Cottrell Susiecottrell57@gmail 07711671747

> Wednesday 10:00 - 12:00 Weekly Max No.

Autumn 24/9/2025 to 3/12/2025 Surcharge £0.00

A creative co-op with a weekly meet to exchange ideas and support each other in a ceramic journey

Repeat course Creative Arts & Crafts

Quilting and Sewing Beverly Anne annereaymaths@btinternet.com 07745861504

Reay

Weekly Wednesday 10:00 - 12:00 Max No. 30

Autumn 1/10/2025 to 10/12/2025 Spring 7/1/2026 to 18/3/2026 Surcharge £5.00

Sewing is a wonderfully extensive skill that can be applied to small and large, simple and complicated projects. Items to use daily or pieces to give as presents. The Quilting Group embrace all aspects of sewing. Everyone can sew, you just require a vision of the finished project and the determination to complete it. If you enjoy sewing or want to learn to sew then come along and join our group. We are interested in making all things patchwork from placemats to sophisticated quilts and all the other ways of using this versatile skill. Bring your own work, or a basic sewing kit and some fabric if you want to learn something new. I have ideas for simple starter projects. Everyone welcome, from experienced Quilters/ dressmakers to complete novices. We can all teach each other what we know and ask for help with what we don't know.

Repeat course Creative Arts & Crafts

Racketball Jon Tomlinson jontom1960@protonmail.com 07412036738

> Weekly Monday 08:50 - 10:50 (2Max No. 24

> > sessions)

to 31/8/2026 All year 1/9/2025 Surcharge £0.00

Played on the squash courts at Sandylands, Skipton. Clothing as for indoor sports with non-marking shoes. A reasonable level of fitness is required. Game details: Singles. 2 games played to 11 points with 2 points clear. Players rotate between opponents and courts.Rackets and balls provided.Fees - £4 on a "pay per play" basis. Payable by bank transfer to the Group LeaderSurcharge - Nil

Repeat course Indoor Fun, Games and Fitness Railway Study Group Paul Haywood paul.g.haywood@me.com

Weekly Friday 10:00 - 12:00 Max No. 90

7971998571

Autumn 3/10/2025 to 19/12/2025 Spring 16/1/2026 to 27/3/2026 Surcharge £5.00

Illustrated talks by guest speakers and group members on a wide variety of railway topics, both historic and modern, including tramways. While the majority of talks are based on UK railways, overseas subjects are also covered.

Repeat course Science & Technology

Recorder Continuers Jenny Crook jenandmaurice@hotmail.co.uk 01756709483

Weekly Monday 15:00 - 17:00 Max No. 22

Autumn 29/9/2025 to 8/12/2025 Spring 12/1/2026 to 23/3/2026 Surcharge £5.00

We are an informal, supportive, self-help group (no tutor), and members have a varied amount of musical knowledge. We play all sorts of 2, 3 and 4 part music. Ideally you should have some previous basic experience, but if in doubt please contact me to check standard needed. Requirements: Recorder and portable music stand. Additional costs: allow £10 for music.

Repeat course Performing Arts

Recorder Ensemble Susan Farmery sfarmery@hotmail.com 07592958311

Weekly Monday 13:30 - 14:30 Max No. 20

Autumn 29/9/2025 to 8/12/2025 Spring 12/1/2026 to 23/3/2026 Surcharge £5.00

Four or five part music will be played on descant, treble, tenor and bass recorders, from different genre. It is an asset if members can play more than one instrument. The group usually plays at the u3a carol service in one of the Skipton churches. You will need recorders and a portable music stand. There is a £5 per term venue cost.

Repeat course Performing Arts

Science and technology Ian Blomfield devilsbit18@gmail.com 07831243719

discussion group

Weekly Monday 10:15 - 12:15

Weekly Monday 10:15 - 12:15 Max No. 23

Autumn 29/9/2025 to 8/12/2025 Spring 12/1/2026 to 23/3/2026 Surcharge £15.00 Discussion of current scientific topics that are of special interest to group members. No scientific or technical

expertise is required to join. However, If you have expertise in a particular area, you will be most welcome to give a presentation. Documents for discussion are posted on our website each week:

https://cravenst971700904.wordpress.com so access to the internet is required. Meetings are held in a hybrid in-person/Zoom format. We have internet access and a large screen at the venue so that participants and articles can be display to all.

Repeat course Science & Technology

Shorty Walks Sally Crowley sallydc@hotmail.co.uk 07786516441

Irregular <mark>Varied</mark> Decided by Max No. walk leader

Autumn 30/8/2025 to 29/8/2026 Surcharge £0.00

Walks of up to 5 miles are offered by group members. The walk can be anything any member would like to share with the group. Amongst others, we have enjoyed town trails, moors walks and canal walks. A walk can be any day of the week, throughout the whole year.

Repeat course Out and about

Singing Madrigals

Chris Skidmore chrisskidmore47@gmail.com 0 1756790056

Weekly Wednesday 10:30 - 12:30 25

Autumn 8/10/2025 to 10/12/2025

to 21/7/2026

to 12/12/2025

14/1/2026

to 18/3/2026

Surcharge £10.00

In this course we shall get together to sing examples of English madrigals and other simple part songs. Singing in parts is a group activity where we support each other and is good for both body and mind. Enthusiasm and a willingness to try will be more important than musical experience, although some knowledge of musical notation will help.

Spring

Repeat course

Performing Arts

Sketching outdoors

Nancy Stedman nancy.stedman65@icloud.com 07758716855

Weekly Tuesday 10:30 - 12:30

Summer 16/6/2026 Surcharge £0.00

We will go on short walks (up to 1 mile or so) using our sketchbooks to observe and capture sights and experiences as we go. Destinations will include woods, rivers, canal, villages, moorland. We will keep it simple - just bring your own sketchbook and some pencils / crayons / charcoal to draw with. For all abilities; this is not a tutored group but advice can be sought, and we can all share our ideas, approaches and techniques.

New course

Creative Arts & Crafts

Solo Latin Dance Advanced

10/10/2025

Jacqui Eames

eamesjackie@gmail.com

9/1/2026

Weekly Friday

Spring

10:30 - 11:30 Max No.

Max No.

to 20/3/2026

Surcharge £5.00

20

For people who have done 20 weeks this year and gained confidence in 6 dances. Experienced dancers are also welcome as I shall reinforce last year's routines. High energy so ensure you have water and comfortable footwear with flexible soles.

Repeat course

Autumn

Indoor Fun, Games and Fitness

Solo Latin Dance Beginners/

Jacqui Eames

eamesiackie@gmail.com

Improving

Autumn

Weekly to 12/12/2025

Friday

Spring

11:30 - 12:30 9/1/2026 to 20/3/2026

Surcharge £5.00

25

A class to build knowledge of and skill in performing a range of Latin dances. No partner needed -just enthusiasm, water and comfortable clothing. most especially footwear. I recommend pumps/ ballet shoes rather than trainers which are not very flexible.

Repeat course

Indoor Fun, Games and Fitness

Spanish Conversation Advanced Phil Lawler

phillawler@btinternet.com

Fortnightly Wednesday 19:00 - 20:30 Max No.

Autumn

8/10/2025

10/10/2025

to 3/12/2025

Surcharge £5.00

An opportunity for those who already have a good level of spoken Spanish, to improve their knowledge and ability. We will use some videos and newspaper articles to learn useful Spanish colloquial expressions. The emphasis will be on spoken Spanish although some reading will be required to facilitate it. The course is not suitable for beginners

New course

World Languages and Cinema

Stories of Scientists

Mick Richings

mick.richings@btinternet.com

07939007625

Weekly

Wednesday 14:00 - 16:00 Max No.

Surcharge £5.00

50

to 18/3/2026 Spring 14/1/2026

Stories of Scientists their background and discoveries.10-weeks with a break for half term holidaysWeekly from 13/01/2025 to 24/03/2025Group fee £5.00

Repeat course Science & Technology

Stretching / Yoga Sandra Dixon cawderghyll@gmail.com 0₁₇₅₆₄₆₁₄₉₄

Weekly Monday 10:00 - 11:00 Max No. 30

Autumn 13/10/2025 to 15/12/2025 Spring 5/1/2026 to 9/3/2026 Surcharge £5.00

Exercise to improve balance and flexibility. You should to be able to sit down on your heels and do a shoulder stand to do the postions correctly. Please wear comfortable clothing, bring a mat and bottle of water.

Repeat course Indoor Fun, Games and Fitness

Stretching /Movement Sandra Dixon cawderghyll@gmail.com 01756461494

Weekly Wednesday 10:00 - 11:00 Max No. 40

Autumn 8/10/2025 to 10/12/2025 Spring 7/1/2026 to 11/3/2026 Surcharge £5.00

Chair exercise to improve posture, balance and flexibility. Seated exercise, with some standing positions using the chair as an aid. PLease wear comfortable clothing and light soft shoes. Bring a bottle of water.

Repeat course Indoor Fun, Games and Fitness

Sunday Lunch Club Jacqui Eames eamesjackie@gmail.com 01756720149

Monthly Sunday Max No. 25

All year Surcharge £0.00

Enjoy meeting up with friends to enjoy lunch together. Join our Whatsapp group we organise Sunday Lunch, once a month, at different venues. Members take it in turns to suggest and book the venue. Car sharing helps.

Repeat course Indoor Fun, Games and Fitness

Table Tennis Jenny Crook jenandmaurice@hotmail.co.uk 01756709483

Weekly Friday 14:00 - 16:00 Max No. 50

Autumn 3/10/2025 to 5/12/2025 Spring 9/1/2026 to 13/3/2026 Surcharge £5.00

Have fun and improve your fitness and coordination at the same time. Beginners welcome.

Repeat course Indoor Fun, Games and Fitness

Tenpin Bowling Gail Matthews gnsmatthews@gmail.com 07443228706

Weekly Monday 14:00 - 16:00 Max No. 24

Autumn 15/9/2025 to 1/12/2025 Spring 12/1/2026 to 23/3/2026 Surcharge £0.00

We play 2 games per week. Just for fun! The cost for 2 games is £6 or £7 per week.

Repeat course Indoor Fun, Games and Fitness

Two Hour walks Jay Cundell jcundellwalker@gmail.com 07946741535

Walker

Irregular Tuesday 10:00 start Max No. 20

Autumn 2/9/2025 to 30/12/2025 to Surcharge £0.00

This group is intended for people who only want a very short walk or have limited time. The walks are local and take place on a Tuesday morning from 10am -12pm when a walk is offered. There is consideration of access by public transport or lifts can be arranged. There is a small group of walk leaders, but members with walk offers are always welcomed.

Repeat course

Out and about

Victorian Novels Jacqui Eames eamesjackie@gmail.com 0₁₇₅₆₇₂₀₁₄₉

Fortnightly Tuesday 14:00 - 16:00 Max No. 70

Spring 20/1/2026 to 24/3/2026 Surcharge £5.00

We will discuss a selection of novels from 1840-1900 by a variety of British authors, some very well-known such as Dickens others less so such as Wilkie Collins. I will try to introduce lesser known novels and identity the strengths and weaknesses of Victorian novels from a 21st century perspective. Readings from the novels will exemplify the varied styles and interests of the authors. This series of 5 talks will alternate with 5 talks on Impressionist and Post Impressionist painters of the period. Members can join either group or both.

New course Creative Arts & Crafts

Walk to Lunch Jenny Robinson stuart.jennyrobinson@gmail.com 01756720149

and Brigida b.martino@hotmail.co.uk

Martino

Fortnightly Thursday 10:00 start Max No. 30

All year 9/10/2025 to 24/9/2026 Surcharge £0.00

We offer morning walks of 4 to 5 miles followed by a pub/café lunch. Please note that a regular commitment to walks is required and pre-booking for walks/lunches is essential. Members must be fit to walk at a good pace and able to manage hills and stiles. Meeting points and pub menus are circulated by email a week before each walk. You'll need boots, waterproofs, email access and (sometimes) a sense of adventure!!

Repeat course

Out and about

Walking Cricket Anne MacDonald anne.f.macdonald@btinternet.com 07512704219

Weekly Tuesday 10:00 - 12:00 Max No. 30

Summer 12/5/2026 to 14/7/2026 Surcharge £5.00

Come and have a go at Walking Cricket! The game is played between teams of 6 or 8 players, with each team batting in pairs. Each pair bats for 4 overs. Each time the batter is out, the batters, change ends, unless it occurs at the end if the over or is a run outEach bowler bowls at least one over(max balls 6) Can bowl underarm. Extras are worth 2 runsNo one is allowed to run!!Modified soft ball is used. No protective equipment neededThere will be a small charge to pay, amount to be confirmed

New course Indoor Fun, Games and Fitness

Walking Group George Mackley georgejtmackley@gmail.com 07706369253

Weekly Varied Various Max No.

All year 2/9/2025 to 1/9/2026 All year Surcharge £0.00

We meet every Tuesday and Thursday weekly for walks in the Yorkshire Dales, Moors and Lake District, between 6 to 13 miles, either easy, moderate or strenuous in grade. Full details in the the group's programme published Winter, Spring and Summer. You will receive a copy as a member Repeat course

Out and about

Walking netball. Clarissa Jarvis clarissa.jarvis@icloud.com

Weekly Tuesday 11:00 - 12:00 Max No. 24

Autumn 30/9/2025 to 9/12/2025 Spring 13/1/2026 to 24/3/2025 Surcharge £10.00

To introduce ex-players to a sport they have always loved or to engage adults in a sport they didn't realise they could enjoy. We will develop netball skills at a slower pace for everyone to increase physical and social health; open to everyone; there is a health questionnaire for participants to assess themselves, anyone unsure if they are fit to participate should speak to someone at their GP practice.

Repeat course Indoor Fun, Games and Fitness

Wharfedale Walking

Nick Jarvis

u3anick@gmail.com

⁰7810086681

Fortnightly Saturday 10:00 start

All year

4/10/2025

28/9/2025

to 29/8/2026

Surcharge £0.00

A friendly way to walk, at an easy pace up and down the Dales. Walks are on Saturdays, and mainly in Wharfedale. Typically, walks will be between 6 and 8 miles. You should have appropriate clothing, boots, drink and a picnic lunch. We meet at the start of the walk at 10.00. (Sorry, but no dogs). We like to stop from time to time to take in the scenery and anything else of interest during the walk. A few days before the Saturday walk a description of the walk will be sent by e-mail, and you reply if you can come. New walkers can join at any time and members are welcome to offer to lead a walk. We will meet fortnightly and occasionally, weekly,

Repeat course

Out and about

to 14/12/2025

Woodturning 1

Autumn

Doug Hirst

doug.hirst@btinternet.com

07917028156

Weekly 14:00 - 16:00 11/1/2026

Max No.

to 29/3/2026

Surcharge £0.00

A mixed ability class. Beginners will be taught basic techniques. Returners will undertake more ambitious projects. N.B. This course involves moving machinery and sharp tools, so there are health and safety issues, which will be taught. There will be some exposure to dust, so it may not be advisable for those with breathing difficulties. Physical strength is not required, so it is suitable for both sexes. Persons with health problems such as postural hypotension MUST inform the Group Leader. Additional cost <£5 for cost of materials, wood Repeat course Creative Arts & Crafts

Spring

Woodturning 2

Doug Hirst

doug.hirst@btinternet.com

07917028156

Weekly

Monday

17:00 - 19:00 Max No.

Surcharge £0.00

Autumn 28/9/2025 to 14/12/2025 Spring 11/1/2026 to 29/3/2026 A mixed ability class. Beginners will be taught basic techniques. Returners will undertake more ambitious projects. N.B. This course involves moving machinery and sharp tools, so there are health and safety issues, which will be taught. There will be some exposure to dust, so it may not be advisable for those with breathing difficulties. Physical strength is not required, so it is suitable for both sexes. Persons with health problems such as postural hypotension MUST inform the Group Leader. Additional cost <£5 for cost of materials, wood Repeat course Creative Arts & Crafts

Woodturning in Summer

Doug Hirst

doug.hirst@btinternet.com

07917028156

Fortnightly Monday

14:00 - 16:00

Max No. 10

Summer 8/6/2026 to 7/9/2026

Surcharge £20.00

This group will be held in a woodturning club in Carleton. There will be 10 sessions with a set of medium level projects This course is aimed at those with a bit of experience in woodturning but will not be too challenging. It is not the best environment for beginners as time for individual supervision is limited. NB access to the premises involves rough terrain and a steep staircase. There are no toilet or kitchen facilities in the building or the village so members must bring their own refreshments. As we are hiring a club there is a £20 surcharge and also additional costs for materials. At this stage the dates are indicative. The final dates will be circulated shortly before the sessions start.

Repeat course

Creative Arts & Crafts

Craven u3a Groups day and time 2925 - 2026

Monday					
Racketball	Sandylands	Jon Tomlinson	08:50 - 10:50 (2 sessions)	All year	
Stretching / Yoga	St Andrews	Sandra Dixon	10:00 - 11:00	Autumn	Spring
Birdwatching	Bolton Abbey Village Hall	Jacqui Eames	10:00 - 12:00	Autumn	Spring
Geology Walks	No Venue	Diane Killock/Mark Wademan/Richard Collinson		Autumn	Spring
Science and technology discussion group	St Stephens	Ian Blomfield	10:15 - 12:15	Autumn	Spring
Recorder Ensemble	St Andrews	Susan Farmery	13:30 - 14:30	Autumn	Spring
Indoor Games	Three Links Club	Alan Newall	14:00 - 16:00	Autumn	Spring
Italian contin	Quaker Meeting House	Sylva Vorstman	14:00 - 16:00	Autumn	Spring
Literary Lives	St Stephens	David Turner & Judith Barras	14:00 - 16:00	Autumn	Spring
Musical Theatre: A History	St Stephens	Judith Barras	14:00 - 16:00	Autumn	Spring
Music theory, creativity and improvisation	Embsay Village Hall	Chris Brown	14:00 - 16:00		Spring
Tenpin Bowling	Matrix Superbowl	Gail Matthews	14:00 - 16:00	Autumn	Spring
Woodturning 1	Private Houses	Doug Hirst	14:00 - 16:00	Autumn	Spring
•	Carleton Woodturning Club	•	14:00 - 16:00	Summer	
Recorder Continuers	St Andrews	Jenny Crook	15:00 - 17:00		Spring
Woodturning 2	Private Houses	Doug Hirst	17:00 - 19:00	Autumn	Spring
Book Group -Fiction	Various Venues	Linda Hoole	18:15 - 19:15	All year	
Tuesday					
German	St Andrews	Sheila Clark	10:00 - 12:00	Autumn	Spring
History of Art	Embsay Village Hall	Ian Adams	10:00 - 12:00		Spring
Walking Cricket	Skipton Community Sports Hub		10:00 - 12:00	Summer	
Two Hour walks	No Venue	Jay Cundell Walker	10:00 start	Autumn	
Art Forum face to face	Private Houses	Ginny Wilkinson	10:30 - 12:00	Autumn	
Music for fun	Trinity Methodist Church	Mrs Lesley Widdop		Autumn	Spring
Sketching outdoors	No Venue	Nancy Stedman	10:30 - 12:30	Summer	
Walking netball.	Sandylands	Clarissa Jarvis	11:00 - 12:00		Spring
Films on Tuesday international	Champions Church	Vee Eastham	13:30 - 16:00	Autumn	Spring
Art 1840-1900	Swadford Centre	Jacqui Eames	14:00 - 16:00	Spring	
Popular Music	Three Links Club	David Wiseman	14:00 - 16:00		Spring
Victorian Novels	Swadford Centre	Jacqui Eames	14:00 - 16:00	Spring	
French Advanced	St Stephens	Kevin Franks	16.00-18.00	Autumn	Spring
Wednesday					
Stretching /Movement Art and Architecture Geography Forum Pottery Collective	St Andrews Embsay Village Hall St Stephens Private Houses	Sandra Dixon Ian Adams James Enever Susie Cottrell	10:00 - 11:00 10:00 - 12:00 10:00 - 12:00 10:00 - 12:00	Autumn Autumn Autumn Autumn	Spring Spring

Quilting and Sewing	Skipton Community Sports	•	10:00 - 12:00	Autumn	Spring
Singing Madrigals	Hub St Andrews	Reay Chris Skidmore	10:30 - 12:30	Autumn	Spring
Pickleball	Skipton Tennis Club	Anne MacDonald	12:00 - 13:00	Spring	Spring
Padel Tennis	Skipton Tennis Club	Anne MacDonald	13:00 - 14:00		Summer
Croquet	Pendle Croquet Club	Graham Read	13:30 - 15:30	Spring	Summer
Aerobic Fitness Training	•	John Dixon	14:00 - 15:00	-	Spring
Bridge for Beginners	Private Houses	David Lowe	14:00 - 16:00	Autumn	Spring
Craven u3a Orchestra	Embsay Village Hall	Sue Stidworthy	14:00 - 16:00		Spring
History Happens	St Stephens	Jane Houlton	14:00 - 16:00	Autumn	Spring
Italian Beginners	Quaker Meeting House	Sylva Vorstman	14:00 - 16:00	Autumn	Spring
Japan: A history in five	St Stephens	Nigel Holden	14:00 - 16:00	Autumn	Opinig
talks Stories of Scientists	Skipton Community Sports Hub	Mick Richings	14:00 - 16:00	Spring	
Book Group - Non-fiction		Linda Hoole	18:15 - 19:15	All year	
Spanish Conversation	St Stephens	Phil Lawler	19:00 - 20:30	Autumn	
Advanced					
Thursday					
	Mallama Carret	Doubles Const.	10.00 44.45	Λ.,4	Contine
Bridge for Improvers	Mallory Court	Douglas Goode	10:00 - 11:45	Autumn	Spring
Art (various media) and Calligraphy	Skipton Community Sports Hub	Anne MacDonald	10:00 - 12:00	Autumn	Spring
Illuminating Medieval Manuscripts	Swadford Centre	Maureen Street	10:00 - 12:00	Spring	
Walk to Lunch	No Venue	Jenny Robinson	10:00 start	All year	
		and Brigida		-	
Badminton	Sandylands	Martino Jon Tomlinson	12:00 - 13:00	All year	
Politics Discussion Grou		Dick Newson	13:00 - 15:00	-	Spring
Films on Thursdays	Champions Church	Jean Crampton	13:30 - 16:00	Autumn	Spring
Adventure into Classical	•	Chris Skidmore	14:00 - 16:00	Spring	
Music	St Andrews	Chins Skidinole	14.00 - 10.00	Spring	
Bridge Play	Draughton Village Hall	David Lowe	14:00 - 16:00	Autumn	Spring
Drumming Circle	Skipton Community Sports Hub	Charles Green	14:00 - 16:00	Autumn	
Floral Art	St Stephens	Jesca de Rijk	14:00 - 16:00	Autumn	
Mah Jong	Soroptimists Room	Andrew Todd	14:00 - 16:00	Autumn	Spring
Friday					
Opera DVDs	Private Houses	Constance Wood	09:30 - 12:00	Autumn	
Poetry Group	Private Houses	Liz Morrison	10:00 - 12:00	Autumn	Spring
Railway Study Group	Swadford Centre	Paul Haywood	10:00 - 12:00	Autumn	Spring
French Conversation	Soroptimists Room	Jennifer Hanson	10:00 start	Autumn	Spring
Solo Latin Dance	Skipton Community Sports	Jacqui Eames	10:30 - 11:30	Autumn	Spring
Advanced Solo Latin Dance	Hub Skipton Community Sports	Jacqui Fames	11:30 - 12:30	Autumn	Spring
Beginners/ Improving	Hub	Jacqui Lames	11.30 - 12.30	Autumn	Spring
Crown Green Bowls	Whinfield Bowling Club	Keith Waddington	11:30 - 14:00	Summer	
Group 1 Table Tennis	Sandylands	Jenny Crook	14:00 - 16:00	Autumn	Spring
Crown Green Bowls	Whinfield Bowling Club	Shirley	14:00 - 16:30	Summer	Spring
Group 2	vviiiimeid bowiiiig Club	Desgranges	14.00 - 10.30	Julillel	
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Saturday

Wharfedale Walking	No Venue	Nick Jarvis	10:00 start	All year	
Sunday					
Sunday Lunch Club	No Venue	Jacqui Eames		All year	
Allotment	Allotment	Helena Tudhope	09:30 - 12:00	All year	
Varied					
E-biking	No Venue	Linda Hoole	09:45 - 10:45	Autumn	Spring
Nature Rambles	No Venue	Maurice White	Decided by walk leader	All year	
Shorty Walks	No Venue	Sally Crowley	Decided by walk leader	Autumn	
Ad Hoc Walking Group	No Venue	Mike Valiant	Various	All year	
Culture Vultures	No Venue	Wendy Brown	Various	All year	
Days out with a Bus Pas	ssNo Venue	Anne MacDonald	Various		
Gardening	No Venue	Anne MacDonald	Various	All year	
Photo group	No Venue	Anne MacDonald	Various	All year	
Walking Group	No Venue	George Mackley	Various	All year	All year