TUESDAY	THURSDAY				
May 6: May Bank Holiday					
May 7 Short Easy K.Gregory/S.Desgranges					
Oxenber Woods flower walk 5 miles 10:00 [10:35] Map OL2 SD767685 Austwick * Wharfe Wood * Feizor * Austwick	Crummackdale Loop 10 miles 08:30 [09:15] Map OL2 SD769683 Traddock Hotel * Long Scar Cairn * Thieves Moss * Moughton * Wharfe * Feizor * Austwick				
Park near the bridge in Austwick. Time will be allowed to appreciate the wild flowers. We may also visit Elaine's.	-				
May 14 Medium Easy R. Waller/M. Workman	May 16 Short Moderate J. Perry/V. Jackson				
Little Alms Cliff & Three Rsvrs 8 miles 09:15 [10:00]	Burton Leonard 7.5 miles 09:15 [10:15]				
Map 297 SE193541 Swinsty Reservoir CP, Harrogate HG3 1SU * Norwood Edge * Hunter's Stones * Little Alms Cliff * Scargill Res. * Beaver Dyke * John O'Gaunt Res. * Dales Way-Harrogate Link * Swinsty Res.	Map 299 SE325637 Limited parking near the green by Scarah Lane * South Stainley * Rakes Lane * Dark Woods * Copegrove * Roecliffe Lodge * Crow House * Burton Leonard				
Beautiful bluebell walk around three reservoirs.	New area. Mainly on good tracks with a little road walking. Hopefully spring flowers. Please car share where possible.				
May 21 Long Easy S.Coombes/T.Baines	May 23 Medium Moderate D.Killock/J.Hirst				
Glasson Branch & ice cream!! 11 miles 08:00 [09:15]	Senior Way (adapted) 10 miles 09:20 [10:00]				
Map 296 SD446561 Park at Glasson Docks public car park. Lancashire Coastal Way * Bank Houses * GreenBreck * Hillam * Cockerham * Willy Lane * Lancaster Canal (Glasson Branch) * Glasson Docks  Map E288/OL21 SE079354 Park top of Station Road, Harecroft * Hewenden Viaduct * Field Head House * Bla Moor * Brown Moor * Sugden Brow * Sugden End * Clif House * Cliffe View * Catstones End * Hunters Hill * Rya * Goit Stock Cottages * Hallas Bridge * Hewenden * Sta Road					
Bacon butty to start, very varied scenery and finish at ice cream farm!	Good paths across farmland, woodland and moorland. Good views on a fine day. Share cars if possible.				
May 27: Spring Bank Holiday					
	May 30 Long Strenuous M.Valiant/S.Crowley				
Pendle Way from Salterforth 7 miles 09.30 [10.00] Muker/Keld & Crackpot Hall 12 miles 08:30 [09 Map OL21 SD463884 Canal near Salterforth Inn * Canal Towpath * Rolls Royce * Earby * Mill Bridge * Kelbrook * Salterforth Salt					
	May 30 Short Moderate K & W Berrington				
Map OL2 SD987517 Skipton Coach St Car Park BD23 1LH *	Haw Crag * Throstle Nest * St Helen's Well * Friars Head * Micklebar Hill * Flasby * Eshton Bridge * Holme House Lock * L & L canal * Gargrave				
Mostly good paths & quiet roads, some wet moorland, short steep up & down Sharp Haw with stunning views	Bus: 580 Skipton Bus Station 09:45 – arr. Gargrave 10:00. Return bus 14:55 pm. Gentle hills. Car parking: West/North Street near village Hall BD23 3RD.				
June 3: 4 night holiday at Arnside.					
Map OL30 SD 942773 . Buckden, Cray, Yockenthwaite,	Jun 6 Short Easy K & W Berrington Wuthering Heights 7 miles 09:15 [10:00] Map OL21 SE018362 Penistone Hill Country Park, Moorside Lane BD22 9RH * Haworth Moor * Harbour Lodge * Top				
Hubberholme, Buckden	Withins * Pennine Way * Brontë Bridge * Brontë Way * Moorside Lane A literary walk, wild and wonderful. Good paths, slippery				
Spring flowers in the hay meadows should be in bloom.	near streams.				
Jun 4 Long Strenuous M.Valiant/S.Crowley Fairfield Horseshoe 12 miles 07:30 [09:00] Map OL7 NY372041 Ambleside Miller Bridge CP (££) * Nab Scar * Heron Pike * Great Rigg * Fairfield * Hart Crag * Dove Crag * High Pike * Low Pike * High Sweden Bridge * Ambleside The classic Fairfield Horseshoe incuding 8 Wainwrights.					
Expected duration 7+ hours with 3400ft of ascent.					

Jun 11 Long Moderate	C <sup>0</sup> A Dooy	Jun 12 Madium	n Ctroniioiio	D Whiteker/A Todd			
Jun 11 Long Moderate	G & A Reay	Jun 13 Mediur	n Strenuous	R.Whitaker/A.Todd			
		Thieveley Pike		9 miles 08:40 [09:30]			
Map 297 SE322452 Meet in the Hare (LS17 9LH). Through Harewood on the				nn CP * Holme Chapel *			
Ebor Way * Home Farm * Carr House		Buckley Wood * Thieveley Pike * Heald Top Farm * Flower					
Fairfield Farm * Ebor Way * Harewoo				Scar Road * Cornholme * Carridge Pasture * Holme Chapel			
Directions: In the centre of the Harew							
front of the telephone box, before the							
Park gates. Park at end of car park, k	pehind the barn.	1760 ft of ascent. Typical Pennine scenery.					
A summer walk through Capability Br							
1770's. Watch out for Red Kite and R							
Jun 18 Short Easy	L.Morrison	_	Strenuous	M.Woronowski/A.Todd			
		Whernside from		12.5 miles 08:30 [09:45]			
Map OL21 SD908468 Cemetery Roa				Way * Dales High Way *			
Standridge, Clough Lane, Fiddling Cl	ough, The Mount, Booth			gh Moss * Foul Moss *			
Bridge, Earby		Ralph's Moss * \$	Slack * Deni				
Jun 25 Modium Strongers	Docarangooly Cross	lup 27 Madies	n Madarata	W & M Hall			
	Desgranges/K.Gregory niles 09:00 [09:45]						
11 3	Miles 09:00 [09:45]	Map OL2 SD932	n Loop 2543 Gargrave CF	<b>9 miles 09:45 [10:00]</b> * Brockabank * Friars			
Map OL41 SD621433 Chipping * Sac Fell * Parlick * Chipping	idle Fell * Fair Snape	Head * Cross La	ne * Moor Lane *	Hetton * Flasby *			
1540ft of ascent.		Gargrave	ontion: 580 hus fr	om Skipton at 09:45.			
	Gregory/S.Desgranges	Jul A Mediur	n Strenuous	G & A Reay			
_		Pen Y Ghent &		8 miles 08:30 [09:30]			
				bblesdale YDNP CP *			
Map OL7 SD470984 Staveley * Park				Pen Y Ghent * Plover Hill *			
* Kentmere * Hall Wood * Scroggs Br	idge * Staveley	Hull Pot * Horton in Ribblesdale					
	Up Pen Y Ghent rocky ridge. Potential views of the three						
Park near Staveley village hall.	peaks. Visit the largest natural hole in England: the						
			n of Hull Pot. 1755				
	3 3	•	Strenuous	C & G Wilkinson			
1				11.5 miles 08:30 [09:45]			
Map OL2 SE009538 Embsay village		Map OL19 SD787917 Overflow CP Garsdale Station *					
Institute * Eastby gate * Hutchen Gill	Head * Black Hill *	Grisedale * West Scale * Hell Gill * Pennine Bridleway *					
Halton East * Embsay	Garsdale Station						
	1400ft of elevation. An undulating walk through a remote valley with some rough wet stretches. A climb to the High						
				h superb views, if clear.			
			Easy	K & W Berrington			
		Malhamdale	,	7 miles 9:15 [10:00]			
			0628 Malham YDN	NP car park BD23 4DA *			
		Pennine Way * I	Hanlith * Airton * S	Scosthrop * Kirkby Malham			
		* Aire Head * Ma					
				Nostly level, some wet			
1.1.17.0.10. Birt	(- 11 de 1 de 16 d	meadows and s	tiles.				
July 17 & 18: Richmond Overnight W		1l 40 Ch	Fac.	E Duesan (N. Maruria			
Jul 16 Medium	H.Shaw/H.Tudhope		Easy	E.Brown/N.Morrison			
_		Grimwith from	olump Cross	6 miles 09:30 [10:00]			
Map OL2/21 SD987517 Coach Stree Street * Ings Lane * Carleton* Carleto		Map 298 SE086635 Stump Cross * Nursery Knot * Shaws Dike * Grimwith Reservoir * Stump Cross					
R.Aire * Skipton	ATT WIR COHOHIE						
		Park in lavhy he	low Stump Cross	Caverns			
		. an in rayby be	en etamp eress				

25th and 26th July

A.Todd/M.Woronowski

Jul 23LongModerateK.BerringtonMossdale Scar10 miles09:30 [10:00]

Map OL2 SE015658 Yarnbury BD23 5EQ \* Bycliffe at SE013696 \* Mossdale Scar \* Capplestone Gate \* Conistone

Summer Programme 2024
Map OL2 SD985518 Ermysted's Grammar School, Skipton.
Further details, the programme and application form will be published in April on the Craven u3a website and in the Newsletter.

Jul 25 Craven u3a

Aug 15 Medium

Turf Road \* Conistone Dib (top) \* Bare House \* Yarnbury

Moorland trekking on good upland tracks, crossing old mine workings. Roadside parking.

TBA: August 2nd Walking Group Planning Meeting – Autumn Programme – Trinity Cafe 3pm

Jul 30 Short Easy J. Shackleton
Oxenhope & Leeming Resvr. 5 miles 10:45 [11:30]
Map OL21 SE033347 B3 Bus stop, Lowertown, Oxenhope
(Limited street parking: Lowertown or Best Lane BD22 9JQ) \*
Dark Lane \* High Burns Lane \* Height Lane \* Dog & Gun
Pub \* Leeming Reservoir \* Leeming \* Oxenhope
Bus option: B3 from Keighley 11:05 – arr. Lowertown 11:28.
700 ft of ascent. Splendid views over Leeming and the Worth
Valley.

10:45 [11:30] To West of Settle 12 miles 08:30 [09:00]

Map OL2 SD820634 Settle Green Foot car park \* River Ribble \* Hesley Hall \* Sandford \* Craven Ridge \* Grain House \* Giggleswick

Circular walk with several stone stiles to negotiate. Extensive views weather permitting.

Aug 1 Short Moderate K & W Berrington
Trollers Gill 7 miles 09:30 [10:00]

Map OL2 SE064648 Grimwith Reservoir car park BD23 5ED \* Hell Hole \* Trollers Gill \* Black Hill Road \* Nursery Knot \* Grimwith Reservoir

Good paths, occasionally steep. Muddy near reservoir. Rock scrambling in Trollers Gill.

Aug 6 Medium Strenuous R. Waller/M. Woronowski Simon's Seat via Lord's Seat 9 miles 08:45 [09:30] Map OL2 SE052573 Barden Bridge small CP next to River Wharfe. Additional parking above Barden Bridge. Barden Bridge \* Dales Way \* The Strid \* Valley of Desolation \* Great Agill Bottom \* Lord's Seat \* Simon's Seat \* Howgill\*Dales Way \* Barden Bridge

. Woronowski Aug 8 Short Moderate P.Sugden/A.Todd 08:45 [09:30] Glusburn and Cowling 5.5 miles 09.30 [10.00]

Map OL21 SD 443983 Crossroads nr Birks Bridge (Malsis) \* Cinder Hill Lane \* Ikornshaw \* High Stubbing \* Lothersdale \* Leys House \* Leys Lathe \* Birks

Aug 13 Long Strenuous T.Baines/S.Coombes
High Cup Nick from Dufton 10 miles 08:00 [10:00]

Map OL19 NY690250 Park at Dufton \* Bow Hall \* Pennine Way \* Peeping Hill \* Narrow Gate \* High Cup Nick \* High Cup Gill Head \* Middle Tongue \* Harbour Flatt \* Keisley Farm \* Town Head \* Bow Hall \* Dufton

A rare chance to visit "England's Grand Canyon". Superb views. Last walked July 2017.

Darwen Jubilee Tower 9 miles 08:30 [09:30]
Map 287 SD666215 Meet at Car Park alongside the Royal
Arms (BB3 0PA) \* Tockholes No 2 Plantation \* Hollinshead
Hall \* Jubilee Tower \* Sunnyhurst \* Earnsdale Reservoir \*
Higher Hill \* Abbey Village \* Roddlesworth Reservoir \* Royal
Arms CP

You've seen this from the Motorway, now's the chance for a close look!

Aug 20 Short Easy R. Waller/C. Powell
Carleton - Elslack 7 miles 10:00 [10:20]
Map OL21 SD971497 Car Park The Swan in Carleton-in-

Map OL21 SD971497 Car Park The Swan in Carleton-in Craven BD23 3DR \* Heslaker Lane \* Skipton-Colne Dismantled Railway \* The Bull, Broughton \* Old Lane \* Church Lane \* Elslack \* Smearber \* Lower Scarcliffe \* Sixpenny Syke Farm \* Carleton Aug 22 Long Moderate H.Shaw/H.Tudhope Crosshills to Keighley Resvr. 12.5 miles 08:30 [09:00]

Map OL21 SE006450 Co-op carpark in Crosshills \* Sutton Clough \* Slipperyford \* Keighley Tarn Reservoir \* Pennine Way \* Icornshaw \* Glusburn \* Crosshills

Well defined paths some sections steep and uneven. Woodland, moors, fields, great views. Cafe in Crosshills if back in time!

## CRAVEN U3A WALKING GROUP --SUMMER PROGRAMME--

MAY - AUGUST 2024

August 26: August Bank Holiday								
Aug 27 Medium Moderate	J. 9	Shackleton	Aug 29	Short	Moderate	K & W	K & W Berrington	
Oxenhope – Hebden Bridge	9 miles	09:45 [10:30]	Malham	Tarn		6 miles	09:15 [10:00]	
Map OL21 SE033347 B3 Bus stop	o, Lowerto	wn, Oxenhope						
(Limited street parking: Lowertown or Best Lane BD22 9JQ) * Map OL2 SD894658 Malham Tarn Watersinks car park *							s car park *	
Stones * Top of Stairs * Calder/Aire Link to Walshaw * Great Close Hill * Street Gate * New Close Knotts * Malha							notts * Malham	
Hardcastle Crags * Gibson Mill (NT) * Newbridge * Hebden Lings * Water Sinks * Malham Tarn								
Bridge * Return via B3 bus at 10	minutes	past the hour.						
Bus option: B3 from Keighley 10:0	)5 – arr. Lo	owertown 10:28.						
1,500 ft of ascent. Tracks and pate	Lovolvilin	nostana landsaana	Short steep sections. Muddy					
really rough ground. Splendid view	vs over Cr	imsworth Dean,	around th			Short steep sec	uons. wuuuy	
Heptonstall, Hebden Bridge & Sto	odley Pike	<b>)</b> .	around th	ie walei	SIIINS.			
Bring your bus pass!								