

TUESDAY

THURSDAY

<i>May 6: May Bank Holiday</i>			
May 7 Short Easy	K.Gregory/S.Desgranges	May 9 Long Moderate	S.Newiss/A.Grosschmidt
Oxenber Woods flower walk	5 miles 10:00 [10:35]	Crummackdale Loop	10 miles 08:30 [09:15]
Map OL2 SD767685 Austwick * Wharfe Wood * Feizor * Austwick		Map OL2 SD769683 Traddock Hotel * Long Scar Cairn * Thieves Moss * Moughton * Wharfe * Feizor * Austwick	
<i>Park near the bridge in Austwick. Time will be allowed to appreciate the wild flowers. We may also visit Elaine's.</i>			
May 14 Medium Easy	R. Waller/M. Workman	May 16 Short Moderate	J. Perry/V. Jackson
Little Alms Cliff & Three Rsvrs	8 miles 09:15 [10:00]	Burton Leonard	7.5 miles 09:15 [10:15]
Map 297 SE193541 Swinsty Reservoir CP, Harrogate HG3 1SU * Norwood Edge * Hunter's Stones * Little Alms Cliff * Scargill Res. * Beaver Dyke * John O'Gaunt Res. * Dales Way-Harrogate Link * Swinsty Res.		Map 299 SE325637 Limited parking near the green by Scarah Lane * South Stainley * Rakes Lane * Dark Woods * Copegrove * Roecliffe Lodge * Crow House * Burton Leonard	
<i>Beautiful bluebell walk around three reservoirs.</i>		<i>New area. Mainly on good tracks with a little road walking. Hopefully spring flowers. Please car share where possible.</i>	
May 21 Long Easy	S.Coombes/T.Baines	May 23 Medium Moderate	D.Killock/J.Hirst
Glasson Branch & ice cream!!	11 miles 08:00 [09:15]	Senior Way (adapted)	10 miles 09:20 [10:00]
Map 296 SD446561 Park at Glasson Docks public car park. Lancashire Coastal Way * Bank Houses * GreenBreck * Hillam * Cockerham * Willy Lane * Lancaster Canal (Glasson Branch) * Glasson Docks		Map E288/OL21 SE079354 Park top of Station Road, Harecroft * Hewenden Viaduct * Field Head House * Black Moor * Brown Moor * Sugden Brow * Sugden End * Cliffe House * Cliffe View * Catstones End * Hunters Hill * Ryecroft * Goit Stock Cottages * Hallas Bridge * Hewenden * Station Road	
<i>Bacon butty to start, very varied scenery and finish at ice cream farm!</i>		<i>Good paths across farmland, woodland and moorland. Good views on a fine day. Share cars if possible.</i>	
<i>May 27: Spring Bank Holiday</i>			
May 28 Short Easy	P.Sugden/S.Desgranges	May 30 Long Strenuous	M.Valiant/S.Crowley
Pendle Way from Salterforth	7 miles 09.30 [10.00]	Muker/Keld & Crackpot Hall	12 miles 08:30 [09:45]
Map OL21 SD463884 Canal near Salterforth Inn * Canal Towpath * Rolls Royce * Earby * Mill Bridge * Kelbrook * Salterforth		Map OL30 SD909978 Muker CP £ (or street park) * Usha Gap Bridge * Thwaite * Pennine Way to Keld * Crackpot Hall * Ivelet Boards * Ivelet * Ramps Holme Bridge * Muker	
		<i>Lovely Swaledale with its hay meadows and waterfalls</i>	
May 28 Long Moderate	K.Berrington	May 30 Short Moderate	K & W Berrington
Skipton, Flasby and a Haw	10 miles 10:00 [10:00]	Gargrave north circular	7 miles 9:45 [10:00]
Map OL2 SD987517 Skipton Coach St Car Park BD23 1LH * Grassington Rd roundabout * Craven Heifer * Sharp Haw * Flasby * Eshton Bridge * Holme Bridge Lock * L-L canal * Thorlby * Stirton * Raikeswood Camp * Skipton		Map OL2 SD932542 Meet Gargrave Dalesman Tea Room * Haw Crag * Throstle Nest * St Helen's Well * Friars Head * Micklebar Hill * Flasby * Eshton Bridge * Holme House Lock * L & L canal * Gargrave	
<i>Mostly good paths & quiet roads, some wet moorland, short steep up & down Sharp Haw with stunning views</i>		<i>Bus: 580 Skipton Bus Station 09:45 – arr. Gargrave 10:00. Return bus 14:55 pm. Gentle hills. Car parking: West/North Street near village Hall BD23 3RD.</i>	
<i>June 3: 4 night holiday at Arnside.</i>			
Jun 4 Medium Moderate	C.Crittenden	Jun 6 Short Easy	K & W Berrington
Buckden - Upper Wharfedale	8.5 miles 09:00 [09:45]	Wuthering Heights	7 miles 09:15 [10:00]
Map OL30 SD 942773 . Buckden, Cray, Yockenthwaite, Hubberholme, Buckden		Map OL21 SE018362 Penistone Hill Country Park, Moorside Lane BD22 9RH * Haworth Moor * Harbour Lodge * Top Withins * Pennine Way * Brontë Bridge * Brontë Way * Moorside Lane	
<i>Spring flowers in the hay meadows should be in bloom.</i>		<i>A literary walk, wild and wonderful. Good paths, slippery near streams.</i>	
Jun 4 Long Strenuous	M.Valiant/S.Crowley		
Fairfield Horseshoe	12 miles 07:30 [09:00]		
Map OL7 NY372041 Ambleside Miller Bridge CP (££) * Nab Scar * Heron Pike * Great Rigg * Fairfield * Hart Crag * Dove Crag * High Pike * Low Pike * High Sweden Bridge * Ambleside			
<i>The classic Fairfield Horseshoe incuding 8 Wainwrights. Expected duration 7+ hours with 3400ft of ascent.</i>			

CRAVEN U3A WALKING GROUP --SUMMER PROGRAMME--

MAY - AUGUST 2024

<p>Jun 11 Long Moderate G & A Reay Harewood Park & R. Wharfe 10 miles 08:00 [09:00] Map 297 SE322452 Meet in the Harewood Arms Car Park (LS17 9LH). Through Harewood on the public footpaths * Ebor Way * Home Farm * Carr House * Biggin Farm * Fairfield Farm * Ebor Way * Harewood <i>Directions: In the centre of the Harewood village, turn left in front of the telephone box, before the lights & Harewood Park gates. Park at end of car park, behind the barn. A summer walk through Capability Brown's Landscape from 1770's. Watch out for Red Kite and Red Deer.</i></p>	<p>Jun 13 Medium Strenuous R.Whitaker/A.Todd Thieveley Pike 9 miles 08:40 [09:30] Map 0L21 SD875284 The Ram Inn CP * Holme Chapel * Buckley Wood * Thieveley Pike * Heald Top Farm * Flower Scar Road * Cornholme * Carridge Pasture * Holme Chapel <i>1760 ft of ascent. Typical Pennine scenery.</i></p>
<p>Jun 18 Short Easy L.Morrison Earby circular 7 miles 09:45 [10:00] Map OL21 SD908468 Cemetery Road car park, Earby, Standridge, Clough Lane, Fiddling Clough, The Mount, Booth Bridge, Earby</p>	<p>Jun 20 Long Strenuous M.Woronowski/A.Todd Wherside from Dent 12.5 miles 08:30 [09:45] Map OL2 SD702871 Dent * Dales Way * Dales High Way * Boot of the Wold * Wherside * High Moss * Foul Moss * Ralph's Moss * Slack * Dent</p>
<p>Jun 25 Medium Strenuous S.Desgranges/K.Gregory Chipping 8 miles 09:00 [09:45] Map OL41 SD621433 Chipping * Saddle Fell * Fair Snape Fell * Parlick * Chipping <i>1540ft of ascent.</i></p>	<p>Jun 27 Medium Moderate W & M Hall Gargrave Hetton Loop 9 miles 09:45 [10:00] Map OL2 SD932543 Gargrave CP * Brockabank * Friars Head * Cross Lane * Moor Lane * Hetton * Flasby * Gargrave <i>Public transport option: 580 bus from Skipton at 09:45.</i></p>
<p>Jul 2 Long Moderate K.Gregory/S.Desgranges Kentmere Valley 10 miles 09:00 [10:10] Map OL7 SD470984 Staveley * Park House * Green Quarter * Kentmere * Hall Wood * Scroggs Bridge * Staveley <i>Park near Staveley village hall.</i></p>	<p>Jul 4 Medium Strenuous G & A Reay Pen Y Ghent & Plover Hill 8 miles 08:30 [09:30] Map OL2 SD 808726 Horton in Ribblesdale YDNP CP * Bracken Bottom * Pennine Way * Pen Y Ghent * Plover Hill * Hull Pot * Horton in Ribblesdale <i>Up Pen Y Ghent rocky ridge. Potential views of the three peaks. Visit the largest natural hole in England: the collapsed cavern of Hull Pot. 1755 ft of ascent.</i></p>
<p>Jul 9 Short Moderate C.Bloor/S.Desgranges Embsay Halton East 7 miles 09:30 [09:45] Map OL2 SE009538 Embsay village car park opposite Institute * Eastby gate * Hutchen Gill Head * Black Hill * Halton East * Embsay</p>	<p>Jul 11 Long Strenuous C & G Wilkinson Grisedale, Hell Gill & High Way 11.5 miles 08:30 [09:45] Map OL19 SD787917 Overflow CP Garsdale Station * Grisedale * West Scale * Hell Gill * Pennine Bridleway * Garsdale Station <i>1400ft of elevation. An undulating walk through a remote valley with some rough wet stretches. A climb to the High Way, a high level grassy track with superb views, if clear.</i></p>
	<p>Jul 11 Short Easy K & W Berrington Malhamdale 7 miles 9:15 [10:00] Map OL2 SD900628 Malham YDNP car park BD23 4DA * Pennine Way * Hanlith * Airton * Scosthrop * Kirkby Malham * Aire Head * Malham <i>The stunning Upper Aire valley. Mostly level, some wet meadows and stiles.</i></p>
<p><i>July 17 & 18: Richmond Overnight Walking Holiday</i></p>	
<p>Jul 16 Medium H.Shaw/H.Tudhope Carleton & Cononley 9.5 miles 09:00 [09:00] Map OL2/21 SD987517 Coach Street * Canal * Sawley Street * Ings Lane * Carleton* Carleton Park * Cononley * R.Aire * Skipton</p>	<p>Jul 18 Short Easy E.Brown/N.Morrison Grimwith from Stump Cross 6 miles 09:30 [10:00] Map 298 SE086635 Stump Cross * Nursery Knot * Shaws Dike * Grimwith Reservoir * Stump Cross <i>Park in layby below Stump Cross Caverns</i></p>

August 26: August Bank Holiday

<p>Aug 27 Medium Moderate J. Shackleton Oxenhope – Hebden Bridge 9 miles 09:45 [10:30] Map OL21 SE033347 B3 Bus stop, Lowertown, Oxenhope (Limited street parking: Lowertown or Best Lane BD22 9JQ) * Stones * Top of Stairs * Calder/Aire Link to Walshaw * Hardcastle Crags * Gibson Mill (NT) * Newbridge * Hebden Bridge * Return via B3 bus at 10 minutes past the hour. <i>Bus option: B3 from Keighley 10:05 – arr. Lowertown 10:28.</i> <i>1,500 ft of ascent. Tracks and paths, some stony but no</i> <i>really rough ground. Splendid views over Crimsworth Dean,</i> <i>Heptonstall, Hebden Bridge & Stoodley Pike.</i> Bring your bus pass!</p>	<p>Aug 29 Short Moderate K & W Berrington Malham Tarn 6 miles 09:15 [10:00] Map OL2 SD894658 Malham Tarn Watersinks car park * Great Close Hill * Street Gate * New Close Knotts * Malham Lings * Water Sinks * Malham Tarn <i>Lovely limestone landscape. Short steep sections. Muddy</i> <i>around the water sinks.</i></p>
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