

Craven u3a Summer Programme

Ermysted's Grammar School, Skipton

Thursday 25th and Friday 26th July 2024

Morning sessions: 10:00 to 12:30

Afternoon sessions: 13:30 to 16:00



Welcome

The entrance is to the left of the main school, as seen from Gargrave Road, and will be appropriately signed. Please do not use any other entrance; there will be no-one available to direct you to the correct entrance.

Access

Please note that there is no parking available to us at the school. Coach Street car park is the nearest public car park. There is very limited parking on site for **Blue Badge holders**; a team member will be on hand to advise. There is no lift in the school. **Please let us know if you have mobility issues** so we can do our best to schedule your sessions on the ground floor.

Tea, coffee and cakes will be available during the break-times and at lunch time for a donation so do remember to bring change. You might wish to bring a packed lunch.

How to Enrol

On the enrolment form, list the sessions you would like to attend. You can apply to attend sessions on Thursday and Friday mornings and afternoons, but equally you can attend just one, two or three sessions if you prefer.

Apply by completing the enrolment form, listing up to three preferences for each period – demand for the Summer Programme is high. Therefore, the more choices you list, the more likely you will be able to attend a session if your first choice is over-subscribed. Please complete the enrolment form legibly, paying particular attention to your email address if you choose to give it.

Send the completed enrolment form to Linda Hoole, 5 Brown's Court, Bradley, BD20 9BE. You **MUST** include a **stamped, self-addressed, envelope** to receive confirmation of your choices. Applications without a SAE may not be processed. The enrolment form will be returned to you to show which presentations you are registered for. You will also be able to check on Beacon Members' Portal.

The cost is £12 for members and £15 for non-members. If you are non-member and subsequently enrol as a u3a member during the event, you will receive a £3 refund.

Payment can be made by:

Cheque, payable to Craven u3a

Or

Bank transfer:

It's essential to include a payment reference which begins with SP and then your name. E.g. 'SP L Hoole'.

Bank details: Craven u3a, sort code: 20-78-42, account no: 83984230.

You can apply whenever you wish, **but we will start to process applications from members on 1st May 2024 and from non-members on June 1st.** As demand for some presentations may be very high and space is strictly limited by the size of the classrooms, it is a good idea to get your application in as soon as possible.

If you have any queries, contact Linda Hoole lindahoole@yahoo.co.uk or 07773 407628

Please note that smoking and vaping are not allowed anywhere on school property.

Thursday 25th July 2024

Morning 10.00 – 12.30		Afternoon 13.30 – 16.00	
AA	<p>Joan Nicholson The Business Case for the Green economy <i>Despite reliable scientific evidence of the need for Net Zero, politicians, governments and fossil fuel providers are moving away from measures to address the problems. Yet the Green economy can provide the growth we need and, under the mainstream media radar, a great many companies, farmers, investors and other influencers are moving towards green solutions. My talk will focus on these and on the reasons why green solutions are so needed. There will be ample opportunity for discussion.</i></p>	BA	<p>Chris Wright From Glass Balls to Crystal Balls - a short history of Anaesthesia <i>We will look at the discovery and development of anaesthesia to provide painless surgery from the mid-nineteenth century to the present. Why did it take so long to mitigate the horror of surgery?. We will consider the present and possibly future role of the anaesthetist in the current health service.</i></p>
AB	<p>David Turner Thomas Hardy: 19th Century Novelist - 20th Century Poet <i>Born in 1840, the son of a stone mason, Hardy became the most famous novelist of the late 19th century. He turned to writing poetry for the rest of his long life, covering subjects including the Boer War, the First World War, and even Einstein's Theory of Relativity.</i></p>	BB	<p>Judith Barras Stephen Sondheim - music, lyrics and life. <i>The lyricist of West Side Story went on to create the most innovative and often controversial musicals of the 20th century. Come and hear about his life and see clips of some of the shows of this multi-award-winning composer, whose original productions sometimes failed but whose revivals now sell out.</i></p>
AC	<p>Margaret Goode The Lives of Charles Babbage and Ada Lovelace <i>Charles Babbage is best remembered for his differential and analytical machines which were the forerunners of modern computing while Ada demonstrated mathematical skills which would be at home in our present world of artificial intelligence.</i></p>	BC	<p>Ian Appleyard Harold Hopkins Optical Genius <i>Born into poverty in Leicester in 1919, Harold Hopkins displayed great academic ability. Guidance and fate led him into the field of optical physics. His work led to the development of a variety of lens systems and other optical devices which have revolutionised modern life, yet his name is virtually unknown.</i></p>
AD	<p>Helen Matthews Part 1: A Writer's Journey - the long and winding road to getting published and researching themes, especially human trafficking. Part 2: Creative Writing Workshop on 'Flash Fiction'. <i>What is flash fiction? It's a very short story, typically 300-500 words but ranging from 1,000 to just six words.. You'll do some exercises to get your creativity flowing, with guidance on where to submit your work when you've polished it up. Bring a notebook and pen or a laptop/tablet.</i></p>	BD	<p>Douglas Goode China - a Brief History, then a Grand Tour <i>Douglas Goode has visited China five times since 1988. After a brief history of China from Confucius to Mao, Douglas will talk about the places he has been to in North, South, East and West China and the changes he has seen.</i></p>

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AE	<p>Ian Adams The Country House in Tudor & Stuart England. <i>This talk looks at the evolution of the English country house during the fifteen and sixteen hundreds, including the manor houses and great 'prodigy houses' of Elizabethan and Jacobean times; the adoption of Italian Classical architecture; and the mighty Baroque palaces such as Castle Howard & Blenheim.</i></p>	BE	<p>Judy and Vic Edy It's Not All Sushi - a culinary trip to Japan <i>One of the highlights of a trip to Japan is the food. In this talk we will introduce you to some of the ingredients, types of meals, famous dishes and the places to eat that you will find in Japan. Sorry – no samples!</i></p>
AF	<p>David Hawkins Bardsey Island: Haven of Wildlife <i>David will explore the wildlife, geology, archaeology, human and monastic life of Bardsey Island, a tiny gem, the 'Iona of Wales'. David is Life President of the Bardsey Bird and Field Observatory which has monitored wildlife daily for the past seventy years. Last year the island was awarded the first International Dark Sky Sanctuary in Europe.</i></p>	BF	<p>Syd Matthews What did the Normans do for us? <i>What did the Normans do for us?' The period known as the Dark Ages has distorted our view of around 600y of English history. Anglo Saxon society was not the savage uncivilised culture that was portrayed in earlier history and the Normans weren't civilising invaders. This course will attempt to put the record straight by using modern insights.</i></p>
AG	<p>Fran Valliant A Stroll around Skipton: <i>Oversubscribed last year so a second chance if you missed this two-hour guided walk around Skipton, taking in some historical highlights (and lowlifes!), buildings and byways, cultural curiosities, and industrial heritage. Discover the sometimes surprising stories behind the place which began as 'Sheep Town'. <i>The walk begins promptly at 10.00 am</i></i></p>	BG	<p>Jacqui Eames The Impressionists and their Legacy <i>We will look at the development, techniques and impact of the Impressionists, as a group and as individual artists and their impact on late 19th century art, most particularly the Post Impressionists such as Van Gogh, Cezanne and Matisse. Jacqui will provide a powerpoint presentation and numerous books on the two movements but please bring books/ pictures and enthusiasms of your own as well !</i></p>
AH	<p>Sandra Dixon Stretching / Yoga. <i>Exercise for flexibility, posture and balance. You should be able to sit down on your heels and do a shoulder stand to do the exercises correctly. You will need a yoga mat, wear comfortable clothing and bring a bottle of water. The class is 1 hour long.</i></p>	BH	<p>Shirley Davids Offsite exploration of Bingley <i>2pm-4.30pm Start/End at Bingley Arts Centre"</i> <i>A 3 mile walk around Bingley, exploring the unique challenges created over the last 400 years by this narrow valley and the growing demands of modern transport. Highlights include the 5 Rise Locks, Bingley Bog, a dissected graveyard and the canal that was moved to make way for a bypass. Note the late start/finish to allow for travel from Skipton.</i></p>

Friday 26th July 2024

Morning 10.00 – 12.30		Afternoon 13.30 – 16.00	
CA	<p>Keith Berrington Drumlins & Reefs: the little hills of Craven <i>An illustrated appreciation of our drumlins and limestone reefs. These hills show Craven at two extremes. Reefs formed from life-teeming tropical seas over 300 million years ago, drumlins from ice-age glaciers scouring the land 20,000 years ago. The presentation explores these contrasts, and the relevance to current climate change.</i></p>	DA	<p>Vee Eastham, Wendy Berrington, Jakes Makin International film: 'Tampopo' A Japanese film, directed by Juzo Itami with English sub-titles. <i>'Tampopo' is a comedy where a group of vagrant Samurai guide a noodle-shop owner in her quest for the perfect recipe for pulled noodles. This film is a sweet, sexy and surreal song to the sensual joys of nourishment.</i> <i>Japan 1985 114 mins.</i></p>
CB	<p>Richard Waller Travellers' Tales from New Zealand <i>New Zealand: a land of stunning beauty where the colours are brighter and the atmosphere seems lighter.</i></p> <p><i>Richard and his nephew, Laurie, hired a car and enjoyed a 25 day self-guided odyssey. Having nothing booked gave a great sense of adventure and freedom but how did it work out and what was it like? Richard has some great stories, tips and lots of pictures.</i></p>	DB	<p>Sue Jackson The Songs We Sang at School. <i>This covers the historic and political forces that drove the development of community singing and singing in schools, the background to a selection of songs that featured in commonly used school singing books in the 50s - 70s and the BBC programme Singing Together which most u3a members will remember. No singing is required of participants.</i></p>
CC	<p>Nigel Holden M. and Mme Lavoisier: the chemistry between them.<i>Antoine Lavoisier (1743-1794) has been called 'the father of modern chemistry.' Remarkably, his great triumph of wrenching chemistry from the obscurity of alchemy and wonky ideas about combustion was significantly facilitated by his marriage to the spirited Marie-Anne Paulze. Then in 1789 came the French Revolution, and country's republican leaders declared they had 'no need of scientists and chemists.'</i></p>	DC	<p>Lorna Winstanley and Gail Coulson Paper Craft - making a 'Blizzard Fold' notebook. <i>We will make a small notebook, using paper folding techniques. This book has replaceable papers that slot into the book spine. There will be guidance and opportunity to practise the folds before completing at least one notebook. It would be helpful if you can bring a pair of paper scissors but paper and glue will be provided.</i></p>

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CD	<p>Cecil Northridge Samuel Beckett, the Irish playwright, the most philosophical of 20th Century Writers <i>Beckettian theatre represented a Copernicus revolution. His stage characters exult in endless, pointless, yet entertaining metaphysical argument, as in his seminal work “Waiting for Godot”. “His biographer described him as “The last Modernist.”</i></p>	DD	<p>Alan Newall Indoor Games <i>This session will provide a taster of the activities of the winter Indoor Games Group. You will be able to participate in some friendly competition, taking part in a wide range of board & card games. Dominoes, scrabble & many others available. No prizes or trophies – purely for fun.</i></p>
CE	<p>Liz Morrison Desperate Romantics <i>A glimpse at the paintings, lives and loves of the best-known Pre-Raphaelite artists. Rebelling against the strictures of the Victorian Royal Academy, they blazed an exciting colourful new trail in British art.</i></p>	DE	<p>Robin Bundy Boulton and Watt - Men who powered the Industrial Revolution <i>We will look at their early lives, how they came to meet, and the history of the company they formed.</i></p>
CF	<p>Graham Nolan Victorian Women <i>The Victorian Age is usually seen as a male-dominated period in our history. So what was expected of women at this time and what did they expect for themselves? Many women made outstanding contributions in their chosen fields. Who were they and what were their achievements?</i></p>	DF	<p>Jane Houlton Hackfall and the Picturesque <i>Hackfall is a steep wooded gorge near Ripon, once part of the Studley Royal Estate. In the 18th century, it was a famous attraction for travellers in search of the Picturesque. Come and hear about this wonderful place, and the ideas these early tourists were pursuing.</i></p>
CG	<p>Fran Valliant A Stroll around Skipton: Offsite activity – <i>The walk begins promptly at 10.00 am</i> Oversubscribed last year so a second chance if you missed this two-hour guided walk around Skipton, taking in some historical highlights (and lowlifes!), buildings and byways, cultural curiosities, and industrial heritage. Discover the sometimes surprising stories behind the place which began as 'Sheep Town'.</p>	DG	<p>Jacqui Eames Latin Dance: no partner or experience required <i>Dancing is great for well-being, toning, muscle and bone strength. Jacqui is a trained dance teacher who will teach you how to dance solo: the cha cha, samba, rumba, jive and paso doble to the rhythms of Latin music. Comfortable clothing and footwear are essential, plus water and enthusiasm.</i></p>
		DH	<p>Offsite Visit to Craven Cattle Market, Skipton Meeting point: <i>The Gather, Craven Auction Market at 1.30pm</i> <i>Jeremy Eaton, the manager of Craven Cattle Marts Ltd, will give an insight into the history and development of livestock sales in Skipton followed by a tour and discussion about the site and its development in the last 25 years. If members would like to observe the end of a sheepdog auction, it is advisable to arrive as early as possible. There is a café where you can soak up the atmosphere and get a bite to eat.</i></p>

