Craven u3a Newsletter 3rd March 2023

**Craven u3a**

In this supplementary edition we have:

Racket Ball/ Ovid and the Renaissance Gardens

                    Music for Fun continues into summer!

Monthly Meeting

**NEWS FROM THE GROUPS**

**My Craven u3a Monday by Clarissa Jarvis**

I was chatting to an old friend from Norfolk the other Sunday. She asked me what I was doing the following day? I said that I had two u3a groups: Racket Ball in the morning and in the afternoon Ovid and Renaissance Gardens. She remarked on the interesting contrast, which made me think how fortunate I am to belong to Craven u3a with such a variety of groups to choose from! Nurture for both mind and body.

I was a new member to my Monday groups and keen to join both. I have found that the racket ball is fun and energetic and I am slowly improving; the content of the second group, Ovid and Renaissance Gardens has been totally new to me, though I had heard of Ovid. I will aim to give a wee account :

Ovid was a clever man, a Roman who wrote poetry in Latin in 8CE; one of his most influential poems is the ‘Metamorphoses’, which chronicles the history of the world from its creation. Many myths and legends are themes in Ovid’s work, which is said to have greatly influenced Western culture, especially at the time of the Renaissance, including the development of gardens in Italy and England.

The important gardens in Italy are: the Villa d’Este, Villa Lante and Pratolino and all are tourist attractions; the gardens that were created in England are: Nonsuch, Richmond Palace, Somerset House and Kenilworth. Sadly, it is only the latter that survives.

I also learnt some new and interesting words in relation to poetry that are used to describe where the stress is placed on syllables, for example : dactyl, spondee and trochee. The content of each session has been thoroughly researched by Jane Houlton, the group leader, and I think we all owe her a big thank you for creating such an enjoyable and interesting time.

LOOKING BACKWARDS UP TO 100 YEARS,- AND FORWARD TO THIS SUMMER! by Group Leader David Wiseman

Our "Popular Music" group specialises in listening to recorded music from 1920-1970- from Bing to the Beatles! Up to Christmas, we covered the music of Cole Porter, Irving Berlin, Jerome Kern and George Gershwin; we also enjoyed two vintage films,- "Calamity Jane" and "High Society".

This term, we watched two films of the "That's Entertainment" series, covering the golden years of music on films. In later weeks, we listened to the music of three American composers,- Harry Warren ("42nd Street", etc), Harold Arlen ("Wizard of Oz", etc) and Johnny Mercer (who wrote over 1,700 songs). Since then, we had an afternoon of "Love Songs" on Valentine's Day(!); a  quiz covering 100 songs from the 1950's,and an afternoon of musical duets (from Astaire and Rogers to Simon and Garfunkel, via Eddy and MacDonald!)

Our numbers have risen in the last two years from a dozen every Tuesday afternoon to today, when we touch thirty each week. So, because of popular demand, we are planning a third term this session, which will stretch over May and June. These will cover 8 Tuesday afternoons, beginning after Easter, the Coronation and the Bank Holiday. The actual dates are MAY 9th, 16th, 23rd and 30th and into JUNE,- 6th, 13th, 20th and 27th. Because U3A only subsidise the Autumn and Winter periods(22 weeks), our members are covering the cost themselves, working out at £2 per session, which they see as good value.

If YOU would like to join in the fun of listening to music which brings back memories by hearing the words and remembering the melodies, please feel free to join us on any of the above dates at the Three Links Club on Tuesday at 2 p.m. We have a limit of approx 40 each week, so (if you haven't already booked your place) please give me a ring to confirm your attendance prior to the Tuesday of your planned appearance (01756 797443).

And just to whet your appetite, among the themes planned for our May & June dates are:- "A Burt Bacharach Tribute", "A Big Band Session", "An Afternoon of Rodgers and Hammerstein" and "Remembering some of the Wartime songs". And some good company!!

**REMEMBER YOU CAN ALSO GET THIRD AGE TRUST ONLINE SESSIONS FREE AS U3A MEMBERS**

There is a wide range of online talks, workshops and courses, To access the details go to the Third Age Trust website: **www. U3a.org.uk Enter Events then Online Learning Events** The list of courses is then available, with details for enrolment. These are few of the options available over the next few weeks:

**Laughter Yoga** 2023 sessions on the second Thursday of every month 10am

**Future Lives-** Open Space event Tuesday Feb 4th at 2pm

**Climate Change-** A Narrow Path from the Brink Wednesday March 2nd at 10am

**An Introduction to Pilates** Thursday March 2nd at 10am

**Brain,Pain and Anaesthetics** Monday March 6th at 2pm

**Genetic Genealogy**- **Making** **It Work for You** Wed March 8th 2pm

**For the Love of a Woman** -The dynamic painting by William Holman-Hunt Thursday March 9th 10am

**The Climate Crisis** and Some Solutions Friday March 10th 10am

**Cryptic Crosswords for Beginners** Thursday March 16thto April 20th 10am

**Life on the Edge**- The Dawn of Quantum Biology Friday March 17th 12pm

**Setting up and Running Local Exploring World Faith Groups** Monday March 20th 10am

**The Joe Lyons Story-** Food for Thought (teashops/social history) Th March 232pm

**The Future of Ageing** Friday March 24th 2pm

There are more details of courses on the website , including Hadrian'sWall Online programme in May.

Our thanks to Anne MacDonald for providing this info

– *Further details of all Craven u3a activities are on* ***cravenu3a.org***

MONTHLY MEETING

The next monthly meeting is on Saturday 4th March at Champion’s Church, Carleton Rd Skipton, from 10 am with refreshments. The speaker will be our own Charlie Dobson who is actively involved in Refugee Support. Please come and get his perspective on this important issue of our times. Hope to see lots of you there. Please bring cash and a willingness to buy tickets for our upcoming Celebration of the Arts: we appreciate your support.

The February meeting welcomed James Jesson from the Woodland Trust who gave a very lively and honest account of the pleasures and pains of his work .

52 people attended and learnt a lot, were well entertained and, as always, loved the cake! Jacqui Eames

Craven u3a Newsletter Part 2  3rd March 2023

**There will not be a further March Newsletter but readers will be delighted to hear we have recruited a new Editor who will introduce herself to you in April! I am truly grateful..**